RELATIONSHIP BETWEEN CLINICAL SUPERVISOR'S SUPERVISORY STYLES, SUPERVISEES WORKING-ALLIANCE AND BURNOUT

By

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A thesis

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DEDICATION

I want to dedicate my work to my father Muhammad Hussain Baloch (Late) and mother Shameem Akhtar who always dreamt and stood by my side in every thick and thin to see me as a successful in life.

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ABSTRACT

The aim of this study is to investigate the relationship between the clinical supervisor supervisory styles (Attractive, Interpersonally-oriented and Task-oriented), supervisees working-alliance (Rapport and Client Focus) and burnout (Personal, Work-related and Client-related) in the sample population. It was hypothesized that there will be a significant correlation between these three variables. The sample comprised of 4 female clinical psychology supervisors and 7 female MS/M.Phil. Level supervisees of each supervisor. The data was collected for the study through self-report questionnaires i.e. Supervisory Style Inventory (Supervisor and Supervisee Form), Supervisory Working-Alliance (Supervisor and Supervisee form) and Copenhagen Burnout Inventory. To analyze the data bivariate correlation, Paired Sample t-test and Stepwise Multiple regression were used along with descriptive statistics. It was found that there is significant correlation strong positive and negative correlations exist among hypothesized variables at p<.05. Furthermore results also showed significant differences in the means of supervisor and supervisors and their subscale