

**PROCRASTINATION, EMOTIONAL INTELLIGENCE AND
ACADEMIC ACHIEVEMENT AMONG UNIVERSITY
STUDENTS.**



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ISLAMABAD, PAKISTAN

2018

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BY

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IS ACCEPTED BY THE BAHRIA UNIVERSITY ISLAMABAD

IN PARTIAL FULFILLMENT OF THE REQUIREMENT FOR

THE

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PSYCHOLOGY

2018

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I dedicate this thesis to my mother and my brother Mr. Nasir Nazir for their endless support and continuous prayers.

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In the name of Allah, the Most Merciful and the Most Beneficent. All praises be to Allah for the strength and countless blessings. The completion of this thesis would not have been possible without the blessings of Allah.

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Table of Contents

CHAPTER I	1
INTRODUCTION.....	1
CHAPTER II	10
LITERATURE REVIEW.....	10
Rationale of the study:.....	24
CHAPTER III	26
METHOD.....	26
Aims:	26
Hypotheses:	26
Operational Definitions:	27
Research Design:	27
Sampling Strategy:	27
Inclusion criteria:.....	28
Exclusion criteria:.....	28
Instruments:	28
Procedure:.....	29
Ethical Considerations:.....	30
Statistical Analysis:	30
CHAPTER IV	31
RESULTS.....	31

CHAPTER V	40
DISCUSSION	40
REFERENCES	46

LIST OF TABLES

Table-1	Frequency and Percentage along Demographic Variables (N=223)	31
Table-2	Correlation of procrastination, emotional intelligence and CGPA	32
Table-3	Mean, Standard Deviation and t value for difference between undergraduate and post graduate students (N=223)	33
Table-4	Mean, Standard Deviation and t value on CGPA among male and female (N=223)	34
Table-5	Mean, Standard Deviation and t value on Procrastination, Emotional Intelligence among Hostilities and day scholar (N=223).	35
Table-6	One way ANOVA for birth order based on Procrastination and Emotional Intelligence (N=223)	36
Table 7	Post Hoc analysis for emotional intelligence on birth order.	37
Table-8	Post Hoc analysis for procrastination on birth order	38
Table-9	One way Analysis of Variance for CGPA based on Procrastination (N=223)	39

ABBREVIATIONS

EI Emotional Intelligence.

CGPA Cumulative Grade Points Average.

AP Academic Procrastination.

LIST OF ANNEXURES

Annexure A	Informed Consent Form.
Annexure B	Demographic Information Sheet.
Annexure C	Procrastination Scale.
Annexure D	Emotional Intelligence Scale.
Annexure E	Emotional intelligence scale permission.
Annexure F	Permission for data collection.
Annexure G	Plagiarism Report.

ABSTRACT

The aim of the present study was to identify the relationship of procrastination, emotional intelligence and academic achievement among university students. Relationship of these variables with birth order and hostellites/day scholars was also assessed. Both males and females were included in the study. Comparison of undergraduate students and post graduate students among these variables were also done. Data was collected from different universities of Islamabad and Rawalpindi. Data was analyzed through SPSS 21 using pearson correlation, t-test and Anova. Results indicated that postgraduate students tend to do more procrastination than undergraduate student, females score higher than males on academic achievement and males procrastinate more than females. Moreover, mean difference reported that males were slightly more emotionally intelligent than females. In the present study the result also showed that hostellites do more procrastination than the day scholars. Although these hypotheses were not planned earlier but there were some new and interesting findings which were worth mentioning. On the variable of birth order the results showed that the only child does the most procrastination and are the most emotionally intelligent ones as well. In comparison of eldest, middle and youngest ones, the middle one procrastinates more and the youngest one does the least procrastination. On the comparison birth order with emotional intelligence, the results showed that only child is the most emotionally intelligent between the comparison of eldest, middle and youngest ones. In addition to that the middle ones are the most emotionally intelligent ones, and then come the eldest ones and youngest ones comes on the last. On the variable of academic achievement results indicated that only child are the highest achievers. In comparison of eldest, youngest and middle ones, mean difference indicated that eldest ones achieve slightly more than middle ones and youngest one achieve less than them. Limitations, recommendations and implication of the study have also been discussed.

Keywords: Procrastination, emotional intelligence, academic outcome, university students.