

**RELATIONSHIP OF SMARTPHONE ADDICTION, MARITAL  
SATISFACTION AND COGNITIVE FAILURE AMONG MARRIED  
COUPLES**



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**THIS THESIS SUBMITTED**

**BY**

**Muhammad Behroz Khan**

**IS ACCEPTED BY THE BAHRIA UNIVERSITY ISLAMABAD**

**IN PARTIAL FULFILLMENT OF THE REQUIREMENT FOR THE  
DEGREE OF MASTERS OF SCIENCE IN CLINICAL PSYCHOLOGY**

**2018**

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**‘To My Lovely Parents and Teachers’**

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## TABLE OF CONTENTS

Sr. No	Topic	Page No.
	List of tables	i
	List of Abbreviations	ii
	List of appendixes	iii
	Abstract	iv

### CHAPTER – I

Introduction	1
Smartphone Addiction	1
Critical issues	8
Factor influencing Smartphone Addiction	10
• Gender differences in Smartphone addiction	10
• Smartphone Addiction and Students field of study	13
• Smartphone addiction and Family income level	14
Mechanism of Addiction	16
• From habit to smartphone addiction	16
• Habit Forming and Smartphone use	16
Addiction	18
• Behavioral Addiction	19
• Smartphone Addiction	20
• Type of usage and gratification	21
• Usage types and Addiction	22
Marital Satisfaction	27

Cognitive Failure	32
• Mobile technology use and Attention	32
• Mobile technology use, memory, and knowledge	35
• Mobile technology use, Delay of Gratification, and Rewarding Process	37
• Mobile Technology Use and Everyday Cognitive Functioning	39
Rational	41

## CHAPTER – II

### Method

Objective	42
Hypotheses	42
Research Design	43
Inclusion and Exclusion Criteria	43
Operational Definition of Variables	43
• Smartphone	43
• Smartphone Addiction	44
• Marital Satisfaction	44
• Cognitive Failure	44
Instruments	44
▪ Demographic Questionnaire	44
▪ Smartphone Addiction Scale – Short Version	44
▪ Cognitive Failure Questionnaire (CFQ)	45
▪ Relationship Assessment Scale (RAS)	45

Ethical Consideration	46
Sample	46
Procedure	46
Statistical analysis	47

### **CHAPTER – III**

Results	48
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### **CHAPTER – IV**

Discussion	56
Conclusion	61
Limitations	61
Recommendations	61

### **REFERENCES**

References	63
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## ABSTRACT

The study aimed in route for inspect the association concerning smartphone addiction, marital satisfaction and cognitive functioning amongst married couples. For this purpose Smartphone Addiction Scale – Short Version (SAS-SV) was selected to assess Smartphone addiction, Relationship Assessment Scale (RAS) was used to measure Marital satisfaction while Cognitive failure questionnaire (CFQ) was used to measure cognitive failures. Data was collected from married couples of twins cities i.e. Islamabad and Rawalpindi. The sample of the study comprised of 150 individuals which is cluster into two categories male (N=75) and female (N=75) with age range 18 – 45 years. The participants for the study were selected on the basis of progressive sampling, whereas data was analyzed by SPSS (Version 20). Psychometric properties of the scales indicted good reliability for the study sample. Results showed significant positive correlation of smartphone addiction with marital satisfaction and cognitive failure. There is no significant mean difference across demographic variables. Limitations and recommendation for the study are also provided.

**Keywords:** Smartphone Addiction, Marital Satisfaction, Cognitive Failure, Married

Couples