RELATIONSHIP OF SMARTPHONE ADDICTION, MARITAL SATISFACTION AND COGNITIVE FAILURE AMONG MARRIED COUPLES



 \mathbf{BY}

Muhammad Behroz Khan

SUPERVISOR
DR. ULFAT NISA

BAHRIA UNIVERSITY

ISLAMABAD, PAKISTAN

2018

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 $\mathbf{B}\mathbf{y}$

Muhammad Behroz Khan

Approved By

(Dr. Ulfat Nisa)

Supervisor

External Examiner

(Dr. Uzma Masroor)

HOD, DPP

THIS THESIS SUBMITTED

BY

Muhammad Behroz Khan

IS ACCEPTED BY THE BAHRIA UNIVERSITY ISLAMABAD

IN PARTIAL FULFILLMENT OF THE REQUIREMENT FOR THE

DEGREE OF MASTERS OF SCIENCE IN CLINICAL PSYCHOLOGY

2018

APPROVED BY

DR. ULFAT NISA

SENIOR ASSISTANT PROFESSOR

DEPARTMENT OF PROFESSIONAL PSYCHOLOGY

BAHRIA UNIVERSITY, ISLAMABAD CAMPUS

Dated:			

ALL THE PROCEDURES FOLLOWED AND MATERIAL USED WERE REVIEWED AND APPROVED BY THE HIGHER EDUCATION RESEARCH COMMITTEE (HERC), BAHRIA UNIVERSITY, ISLAMABAD

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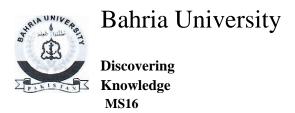
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"To My Lovely Parents and Teachers"

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TABLE OF CONTENTS

Sr. No	Topic	Page No.
	List of tables	i
	List of Abbreviations	ii
	List of appendixes	iii
	Abstract	iv
CHAPTE	R-I	
	Introduction	1
	Smartphone Addiction	1
	Critical issues	8
	Factor influencing Smartphone Addiction	10
	Gender differences in Smartphone addiction	10
	• Smartphone Addiction and Students field of study	13
	Smartphone addiction and Family income level	14
	Mechanism of Addiction	16
	• From habit to smartphone addiction	16
	• Habit Forming and Smartphone use	16
	Addiction	18
	Behavioral Addiction	19
	Smartphone Addiction	20
	 Type of usage and gratification 	21
	Usage types and Addiction	22
	Marital Satisfaction	27

Cognitive Failure	32
Mobile technology use and Attention	32
 Mobile technology use, memory, and knowledge 	35
 Mobile technology use, Delay of Gratification, and 	37
Rewarding Process	
 Mobile Technology Use and Everyday Cognitive 	39
Functioning	
Rational	41
CHAPTER – II	
Method	
Objective	42
Hypotheses	42
Research Design	43
Inclusion and Exclusion Criteria	43
Operational Definition of Variables	43
• Smartphone	43
• Smartphone Addiction	44
 Marital Satisfaction 	44
Cognitive Failure	44
Instruments	44
 Demographic Questionnaire 	44
 Smartphone Addiction Scale – Short Version 	44
 Cognitive Failure Questionnaire (CFQ) 	45
Relationship Assessment Scale (RAS)	45

	Ethical Consideration	46	
	Sample	46	
	Procedure	46	
	Statistical analysis	47	
CHAPTER -	- III		
	Results	48	
CHAPTER – IV			
	Discussion	56	
	Conclusion	61	
	Limitations	61	
	Recommendations	61	
REFERENC	ES		
	References	63	

ABSTRACT

The study aimed in route for inspect the association concerning smartphone addiction, marital

satisfaction and cognitive functioning amongst married couples. For this purpose Smartphone

Addiction Scale - Short Version (SAS-SV) was selected to assess Smartphone addiction,

Relationship Assessment Scale (RAS) was used to measure Marital satisfaction while

Cognitive failure questionnaire (CFQ) was used to measure cognitive failures. Data was

collected from married couples of twins cities i.e. Islamabad and Rawalpindi. The sample of

the study comprised of 150 individuals which is cluster into two categories male (N=75) and

female (N=75) with age range 18-45 years. The participants for the study were selected on

the basis of progressive sampling, whereas data was analyzed by SPSS (Version 20).

Psychometric properties of the scales indicted good reliability for the study sample. Results

showed significant positive correlation of smartphone addiction with marital satisfaction and

cognitive failure. There is no significant mean difference across demographic variables.

Limitations and recommendation for the study are also provided.

Keywords: Smartphone Addiction, Marital Satisfaction, Cognitive Failure, Married

Couples

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