

STUDENTS CORNER

Oral Health Education Poster Competition 2015 by Department of Community Dentistry at BUMDC

Raima Bashir¹, Kulsoom Fatima Rizvi²

The Department of Community Dentistry of Bahria University Medical & Dental College, organized a students' "Oral Health Education Poster competition" on Wednesday 7th Oct 2015 from 9am to 2pm at the Ibn-e-Sina auditorium of BUMDC. The program was headed by Dr. Kulsoom Fatima Rizvi (Head of Department) and hosted by Dr. Raima Bashir and Dr. Anum Sami (lecturers of the department). The event commenced by display of scientific posters on a variety of topics relating to Community Dentistry and pertaining to oral conditions like xerostomia, baby bottle tooth decay, dental anxiety, prevention strategies and various other topics like cosmetic dentistry, which were prepared and presented by the 2nd Year BDS students. The whole Class had been divided into 14 groups which were supervised by Dr. Raima and Dr. Anum Sami. The Director General of BUMDC Vice Admiral (Retd) Tehseenullah Khan and Dean & Principal Health Sciences, Brig (Retd) Dr. Shaheen Moin were invited as chief guests. Respectable heads and faculty of entire medical & dental sections of BUMDC as well as guests from other Medical & Dental Colleges were also invited to provide support and encouragement to the participants. The Jury comprised of Dr Ashar Afaq (HOD Community Dentistry & Vice Principal of DUHS OJHA campus), Dr Mariam Azfar (HOD Community Dentistry, JSMU), Dr Ambreen Usmani (HOD Anatomy BUMDC) and Dr Mushtaq Memon (HOD Periodontology/Oral Medicine BUMDC) who judged each poster on their concept, knowledge, and presentation skills and scored them accordingly. The results were then compiled by commutating the marks allotted by each jury member. Every one appreciated the efforts of the students and shared their expert opinions and knowledge with them.

The event then proceeded with an introductory presentation on departmental achievements and a featured

video on outcomes and accomplishments of a "Community Support Program" running successfully in BUMDC under the dynamic supervision of Dr. Kulsoom Fatima.

Dr. Kulsoom Fatima welcomed the respected guest, faculty and students of all BDS batches and congratulated all the participants and the organizers for conducting a successful event. Two students of 3rd year BDS, Affaf Fatima and Safia Anwar presented their researches before the audience that have been presented earlier at both national and international conferences. The motive was to encourage the upcoming batches and students towards research work, extracurricular participation and enhancing their knowledge and confidence. Dr. Ashar Afaq and Dr. Mariam Azfar also addressed the audience sharing their experience and delivered presentations on oral health promotion.

The ceremony was concluded with prize distribution of shields and certificates to meritorious students. 1st prize was awarded to poster titled "Xerostomia" by Anika Choudary, Hafsa Saeed, Kulsoom Zaidi and Anum Malik, 2nd prize was bagged by poster on "Importance Of Salivary Diagnostic Tools In Oral Disease" by Bibi Hafsa, Tooba Taj, Saba Gul and Moneezay Jaffer and poster titled "Dental care for mother and child" by Ramsha Iqbal, Madiha Parveen and Rehab Tahir aquired 3rd prize. Honorary shields were also presented to respected judges and certificates of appreciation were also awarded to the organizers namely Dr Raima Bashir, Dr Anum Sami and Assistant Qadeer Ahmed for working day in and out in making this event a complete success. The Director General Vice Admiral (Retd) Tehseenullah Khan and Dean health Sciences Brig (Retd) Dr Shaheen Moin congratulated the participants and the department with words of tremendous appreciation for working wholeheartedly as a team in the execution and completion of the event and emphasized that more of such activities should be conducted on regular basis.

Lastly, Dr Kulsoom gave her vote of thanks to the chief guests for sparing their precious time, entire medical and dental faculty for joining them, her team and the entire 2nd year BDS student for their tremendous hard work. BUMDC encourages such healthy extracurricular activities for students as they set a platform for all the young nurturing dentists and researchers to present their real-time work and get appreciations which are their real achievements.

✉ Dr. Raima Bashir

Lecturer

Department of Community Dentistry
Bahria University Medical & Dental College
Email: raimabashir@gmail.com

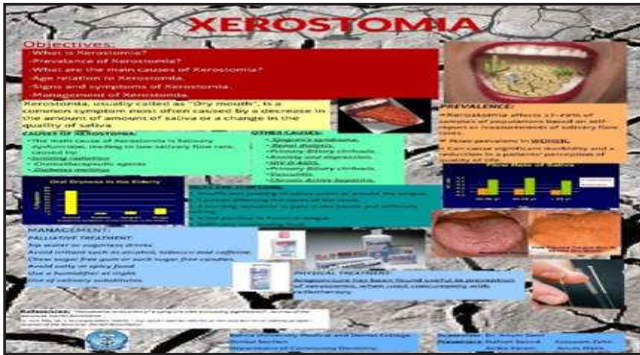
✉ Dr. Kulsoom Fatima Rizvi

Assistant Professor and Head
Department of Community Dentistry
Bahria University Medical & Dental College
Karachi

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1st position Poster
Titled: Xerostromia



2nd Position Poster
Titled: Importance of Salivary Diagnostics in Oral Diseases



3rd Position Poster
Titled: Dental Care for Mother and Child



1st Position Holder Group
Group members
Hafsa Saeed, Anika Akram, Anum Malik, Kulsum Zaidi



2nd Position Holder Group
Group Members
Bibi Hafsa, Moneezay Jaffar, Saba Gul, Tooba Taj



3rd Position Holder Group
Group Members
Ramsha Iqbal, Madiha Perveen, Rehab Tahir



Students Presenting before a Judge for Poster Evaluation



Group Photo with Director General, Judges and Departmental Faculty