

**A COMPARATIVE STUDY OF THE SELF-CONSCIOUSNESS OF ADOLESCENTS IN
SEGREGATED AND NON-SEGREGATED EDUCATIONAL SETTINGS**

By:

BINISH SHAHID

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SUBMISSION OF HIGHER RESEARCH DEGREE THESIS

Candidates' Name: Binish Shahid
Discipline: Clinical Psychology (MS)
Faculty/Department: Institute of Professional Psychology

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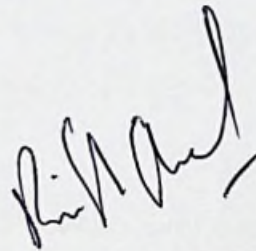
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I certify that the research work presented in this thesis, to be the best of my knowledge, is my own. All sources used and any help received in the preparation of this thesis have been acknowledged. I hereby declare that, I have not submitted this material, either in whole or in part, for any other degree at this or any other institution.

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A handwritten signature in black ink, appearing to read "Richard", written over a horizontal line.

ACKNOWLEDGEMENT

In the name of Allah, the most Merciful and Beneficent

First and foremost praise is to Allah, the Almighty, the greatest of all, on whom we ultimately depend for sustenance and guidance. I would like to thank Almighty Allah for giving me the opportunity, determination and strength to do my research. His continuous grace and mercy was with me throughout my life and ever more during the tenure of my research.

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ABSTRACT

The present study aimed to examine if different educational settings that is segregated and non-segregated educational settings have an impact on the intensity of self-conscious feelings in adolescents (males and females). It was hypothesized that adolescents recruited from non-segregated settings will exhibit higher levels of self-consciousness compared to adolescents recruited from segregated settings. It was also hypothesized that public self-consciousness will be higher in the selected age group as compared to private self-consciousness. Furthermore, it was hypothesized that girls will be more self-conscious than boys. A sample of 200 high school (O-level) students (equal number of boys and girls) aged between 14 to 17 years was selected for this study. These adolescents were selected from 5 different schools located in the city of Karachi (equal number of adolescents from segregated and non-segregated schools). The questionnaire used for this study was the revised edition of the Self-Consciousness Scale designed by Scheier and Carver (1985). Results were computed using t-test in the Statistical Package for Social Sciences (version 22.0), which showed an insignificant difference in the levels of self-consciousness in segregated and non-segregated schools. The results demonstrated a significant difference between the levels of public and private self-consciousness where private self-consciousness was higher. Furthermore significant gender difference was observed that is girls demonstrated higher level of self-consciousness as compared to boys. The results of this study can be utilised to train school counsellors as well as teachers to target and work on a natural yet crucial aspect of adolescent behavioural development namely feelings of self-consciousness.