



ROLE OF SPIRITUALITY IN MARITAL SATISFACTION

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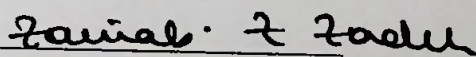
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ABSTRACT

The aim of the research was to study the association between spirituality and marital satisfaction, two variables have been shown to be associated through previous work studying spirituality and facets of positive marital life. The hypothesis thus stated that there would be a significant association between spirituality and marital satisfaction. The measure that was used to tap spirituality was the Spiritual Involvement and Beliefs Scale – Revised (Hatch et al., 1998), while marital satisfaction was measured through Locke Wallace Marital Adjustment Test (Locke and Wallace, 1959). A sample of 82 participants (males= 37, female= 45) was used, which was collected through convenient sampling. Result showed that there is no significant association between spirituality and marital satisfaction ($p=0.550$). The findings also indicated a close link between one dimension of both variable i.e. high spirituality and high marital satisfaction which is not evident for other two dimensions (low and moderate) of spirituality and marital satisfaction. Suggestions for future study include expanding socio-economic classes of participants for a more diversity-based approach.