



TO ESTABLISH THE RELATIONSHIP BETWEEN PEER RELATIONS AND DEPRESSION LEVEL OF ADOLESCENTS

A thesis
Presented to
The Institute Of Professional Psychology,
Bahria University, Karachi Campus

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Degree Bachelor of Science
(BS) Psychology

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TABLE OF CONTENTS

APPROVAL SHEET	i
AUTHENTICATION	ii
ACKNOWLEDGEMENT	iii
DEDICATION.....	iv
TABLE OF CONTENTS	v
ABSTRACT	1
INTRODUCTION.....	2
METHOD	18
RESULTS.....	22
DISCUSSION	28
REFERENCES.....	37
APPENDIX	
CONSENT FORM	
PERMISSION LETTER	
QUESTIONNAIRES	

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Abstract

The present study aimed at exploring the relationship between Peer-relation (bullying, victimization and pro-social behavior) and Depression. The participants of the study were 80 teenagers (40 males and 40 females) aged between 12 to 18 years selected from different secondary schools of Karachi, Pakistan. Teenage Depression was measured using The Center for Epidemiological Studies Depression Scale for Children (CES-DC) by Weissman, Orvaschel, and Padian (1998) while The Peer Relationship Questionnaire (PRQ) by Rigley and Slee (1993) was used to assess bullying, victimization and pro-social behavior among participants of the study. It was hypothesized that 1) there would be a relationship between depression and bullying. 2) There would be a relationship between depression and victimization. 3) There would be a relationship between depression and pro-social behavior. The results indicate that depression has a moderately positive correlation with both bullying (0.683) and victimization (0.445) and a moderately negative correlation (-.445,) with pro-social behavior. The results of the study conform to previous findings on the relationship between Peer-relations and depression. Recommendations of the study centre on the need to introduce a bullying prevention program in schools.