



FAMILY-WORK AND WORK-FAMILY CONFLICT OF FEMALE UNIVERSITY TEACHERS

A thesis
Presented to
The Institute Of Professional Psychology,
Bahria University, Karachi Campus

In Partial Fulfillment
Of the Requirements for the
Degree Bachelor of Science
(BS) Psychology

LIBRARY
INSTITUTE OF PROFESSIONAL PSYCHOLOGY
BAHRIA UNIVERSITY KARACHI CAMPUS
KARACHI

By

AMNA NAJMI
REG#19705
SUMMIYA KHAN
REG#19723
JULY, 2013

INSTITUTE OF PROFESSIONAL PSYCHOLOGY

BAHRIA UNIVERSITY,

KARACHI CAMPUS

APPROVAL SHEET

SUBMISSION OF RESEARCH DEGREE THESIS

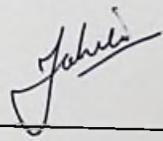
Candidates' Names: Amna Najmi and Summaiya Khan

Discipline: Psychology

Faculty/Department: Institute of Professional Psychology

I hereby certify that the above candidates' work including the thesis has been completed to my satisfaction and that the thesis is in a format of an editorial standard recognized by the faculty/department as appropriate for examination.

Signature(s)

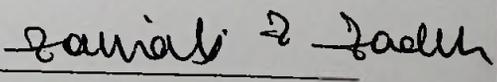
Principal Supervisor: 

Date: 10/07/2013

The undersigned certifies that:

1. The candidates presented at a pre-completion seminar, an overview and synthesis of major findings of the thesis, and that the research is of a standard and extent appropriate for submission as a thesis.
2. I have checked the candidate's thesis and its scope, format, and editorial standards are recognized by the faculty /department as appropriate.

Signature(s):

Dean/Head of Faculty/Department: 

Date: 10/07/2013

LIBRARY

INSTITUTE OF PROFESSIONAL PSYCHOLOGY
BAHRIA UNIVERSITY KARACHI CAMPUS
KARACHI

TABLE OF CONTENTS

	Page No.
APPROVAL SHEET	2
AUTHENTICATION	3
ACKNOWLEDGEMENT	4
DEDICATION	5
ABSTRACT	7
CHAPTER I: INTRODUCTION	8
1.1 Rationale	16
1.2 Literature review	17
1.3 Theoretical framework	21
1.4 Hypotheses	25
CHAPTER II: METHOD	26
2.1 Participants	26
2.2 Materials	26
2.3 Procedure	26
CHAPTER III: RESULTS	28
CHAPTER IV: DISCUSSION	30
Limitations	34
Recommendations	35
REFERENCES	37
APPENDICES	44

Abstract

The present study was conducted to explore the relationship between family-work and work-family conflict of unmarried female university teachers. It was hypothesized that there would be a relationship between family-work and work-family conflict in female university teachers. Work-to-family conflict scale and family-to-work conflict scale (Netemeyer, Boles, & McMurrin) was used on sample of 70 unmarried female University teachers permanent faculty on a post of Assistant Professor, with age ranges from (25-35 years). Pearson Product Moment Coefficient of Correlation was used to test the hypothesis. The result revealed that there is a significant relationship between family-work and work-family conflict ($r = .438$).