



# **MATERNAL ACCEPTANCE/REJECTION AND SPIRITUAL WELL BEING IN YOUNG ADULTS**

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**By**

**ELVEENA FAREEDI**

**REG#19709**

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INSTITUTE OF PROFESSIONAL PSYCHOLOGY  
BAHRIA UNIVERSITY, KARACHI CAMPUS

APPROVAL SHEET

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Discipline: Psychology

Faculty/Department: Institute of Professional Psychology

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Dean/Head of Faculty/Department : Zainab Z. Zadeh

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## ABSTRACT

The aim of this study is to investigate the relationship between Maternal Acceptance/Rejection and Spiritual well-being in Young Adults. Therefore hypothesizing that there is a significant relationship between maternal acceptance/rejection and spiritual well being in young adults. The research will focus on finding the co-relational effects between the two variables. In order to empirically test this, Parental Acceptance/Rejection Questionnaire (Rohner & Khaleque, 1984 ) and of Spiritual Health and Life Orientation Measure (Gomez and Fisher, 2003) was administered on a convenient sample of 100 participant (Male= 50, Female= 50) from different universities in Karachi. The participants belonged to an age bracket of 18-24. The results indicated that there is no significant relationship between the two variables however there was an indication of weak negative correlation ( $r = -.131, p < 0.194$ ). Significant negative correlation was found between Maternal Acceptance/Rejection and the transcendental sub-domain of the spiritual well-being ( $r = -.226, p < 0.024$ ). A non-significant negative correlation exists between Maternal Acceptance / rejection and Personal Subdomain ( $r = -.026, p < 0.8$ ); Communal Subdomain ( $r = -.112, p < 0.269$ ) and Environmental Subdomain ( $r = -.007, p < 0.941$ ).