



# **IMPULSIVITY IN CIGARETTE SMOKERS AND NON-SMOKERS**

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**A Thesis  
Presented to  
The Institute Of Professional Psychology  
Bahria University, Karachi Campus**

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**In Partial Fulfillment  
Of the Requirements for the  
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(BS) Psychology**

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**By  
ANNUM AKRAM  
REG#21035  
&  
AMMARAH BATOOL  
REG#21031  
2014**

INSTITUTE OF PROFESSIONAL PSYCHOLOGY  
BAHRIA UNIVERSITY, KARACHI CAMPUS

APPROVAL SHEET

SUBMISSION OF RESEARCH DEGREE THESIS

Candidate's Name: Ammarah Batool and Annum Akram

Discipline: Psychology

Faculty/Department: Institute of Professional Psychology

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## ABSTRACT

The aim of the study was to examine the cigarette smoking in impulsive individuals. It was hypothesized that cigarette smokers would be more impulsive as compared to non-smokers. The sample was chosen using purposive sampling from the Bahria University, Karachi Campus. A sample of 98 participants was assessed and it comprised of only males (n=49) smokers and (n=49) non-smokers. The age group of participants ranged from 17 to 25 years and they belonged to socioeconomic strata ranging from middle class to upper-middle class. Barratt Impulsiveness Scale-11 (Barratt, 2009), a 30 item self-report questionnaire was administered to examine the impulsivity rate among the smokers and non-smoker. The results were analyzed by using Independent t-test. The results revealed significant difference in the impulsivity between cigarette smokers and non cigarette smokers ( $t=18.245, p<0.05$ ).