



PSYCHOLOGICAL EFFECTS OF CYBER BULLYING

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Bahria University, Karachi Campus

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Degree Bachelors of Science
(BS) Psychology

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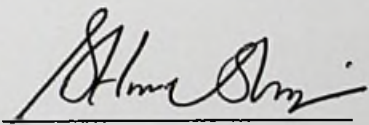
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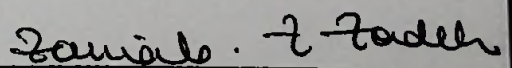
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Abstract

The research aimed to investigate the psychological effects (depression and anxiety) among people who are cyber bullied and to what extent they are influenced. Hundred participants in the age range of 13-18 years, with fifty males and fifty females of ninth, tenth and intermediate classes were selected. Depression was evaluated using Beck Depression Inventory (BDI) while anxiety was tested through Beck Anxiety Inventory (BAI). Independent variable t-test was used to measure the difference of anxiety and depression. Convenience sampling was used to select participants. Mean result showed that people in the condition where personal data was misused experienced greater anxiety with value 2.1429 where as people who suffered from other type of cyber bullying experienced less anxiety with value 1.7595. Similarly mean value for depression is 2.1429 where personal data was misused and people who experienced other types of cyber bullying the value is 1.5949. The correlation also shows that females suffer from more anxiety and depression when cyber bullied as compared to males, with values for depression 1.5400 for males and 1.8800 for females and values for anxiety 1.5800 for males and 2.1000 for females.