



# **BODY IMAGE AND SOCIAL PHYSIQUE ANXIETY AMONGST STUDENTS**

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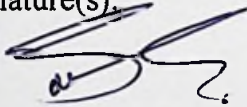
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### Abstract

The current study is designed to discover relationship between different facets of body image and social physique anxiety amongst students. It was hypothesized that there will be positive relationship between different facets of body image and social physique anxiety. It remained also hypothesized that male students will be more satisfied with their body image as compared to female students. The sample consisted of 100 students (M=50, F=50) which was collected from different universities and colleges. The purposive sampling technique was used to collect data. The age range of student was 18-26 years. The Multidimensional Body self-relations Questionnaire Appearance Scale (MBSRQ-AS) which was given by Cash in 2000 and Social Physique Anxiety Scale which was given by Hart, Leary, Rejeski, 1989) were used to measure the variables of the study. The results showed that pre over weight occupation were high in female students as compare to male students (  $p < .01$ ). Over weight pre occupation (facet of body image) was positively correlated with social physique anxiety. Overall, the research showed an association between different aspects of body image and social physique anxiety.