



**COPING STRATEGIES IN SIBLINGS OF INDIVIDUALS
WITH AND WITHOUT PHYSICAL DISABILITY DURING
ADOLESCENCE**

**A thesis Presented to
The Institute of Professional Psychology,
Bahria University, Karachi Campus**

**In Partial Fulfillment
of the Requirements for the
Degree of Bachelors of Science
In Psychology (BS)**

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February, 2018

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ABSTRACT

Siblings and their relationship is a vital process in one's growth and development. Young individuals begin to learn social norms from home, interacting with parents and siblings. Thus, it is very important to understand the underlying linkage between siblings. Therefore, the purpose of the current research is to extrapolate the affinity amongst siblings and their way of coping when one individual is physically disabled. The research hypothesized that there would be a significant difference in the coping strategies of siblings of children with and without physical disability during adolescence. This comparative study included 25 participants for each of the two groups without gender specification, selected by purposive sampling from different special schools located in Karachi, Pakistan. The measures involved in this study, Coping Strategy Indicator (Amir khan, 1994) is a self-reporting scale along with a demographic form. The results formulated that, the coping strategies of siblings of children without physical disability had no difference as compared to the coping strategies present in siblings of children with physical disability. There is no difference in coping like problem solving $p > .05(.407)$, seeking social support $p > .05(.835)$ and avoidance $p > .05(.780)$