# Effect of mentoring on employee retention in the food and beverage industry



### By:

Abdul Wahab (01-221171-002)

**MBA** 

Supervisor:

Ijaz Ahmed

Department of Management Science
Bahria University Islamabad
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Abdul Wahab (01-221171-002)

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Department of Management Sciences

Bahria University Islamabad
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#### Topic of Research:

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	industry"
Names of Student:	
Name: Abdul Wahab	Enrollment No: 01-221171-002
Class: MBA 1.5	
Approved by:	
	Supervisor Ijaz Ahmed
_	
	Examiner-I Ismail Ramay
_	
	Examiner-II Zahid Majeed
	Dr. Sarwar Zahid
	Research Coordinator
	Dr. Faisal Aftab

Head of Department - Management Sciences

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**Abstract** 

The aim of the present research is to investigate the association between variables that are

mentoring as independent, employee retention as dependent variable and the role of mediating

variable job satisfaction in relationship between mentoring and employee retention. For this

purpose data is collected from food and beverage industry of twin cities Rawalpindi and

Islamabad. However, sample for 365 was collected from the respondents of same industry. Data

is analyzed with different statistical techniques including descriptive statistics, correlations and

regression analysis. Preacher and Hayes (2004) model 4 was used to investigate mediation of job

satisfaction in relationship between mentoring and employee retention. Results suggest

mentoring positively influence employee retention directly and indirectly. Indirect relationship is

mediated by 4 percent with job satisfaction of employees in food and beverage companies.

**Keywords:** Employee Retention, Job Satisfaction, Mentoring

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