

DEDICATION

This thesis is dedicated to all the married couples who want to understand the underlying meaning of their actions towards their marriage and children upbringing and clear all the misconceptions they have regarding this idea of marital satisfaction and its effects on parenting. Therefore, we hope that this contribution of ours is of some assistance to the Pakistani culture and the mindsets of its society.



COMPARISON OF PHQ-9 AND AKUADS IN PAKISTAN

A Thesis

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By

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We hereby declare that the above contenders work including the thesis has reached completion to our satisfaction and the thesis has been approved to be in a format of an editorial standard which is accepted by the faculty/department as appropriate for examination.

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The undersigned signifies that:

- 1. The candidate presented at a pre-completion seminar, an overview and synthesis of major findings of the thesis, and that the research is of a standard and extent appropriate for submission as a thesis.
- 2. I have checked candidates' thesis and its scope and format. Editorial standard is recognized by the faculty/department as appropriate.

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Date: 9th Sep 2015

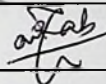
DECLARATION OF AUTHENTICATION

We certify that the research work presented in this thesis, to the best of our knowledge, is our own. All sources used in any help received in the preparation of this thesis have been acknowledged. We hereby declare that we have submitted this material, either in whole or in part, for any other degree at this or any other institution.

Signature: _____



Signature: _____



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DEDICATION

It is with our deepest gratitude and warmest affection that we dedicate this thesis to our beloved families and friends, who has been our constant source of support, enthusiasm and inspiration. None of this could have been possible without you.

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Abstract

The aim of this study was to examine the validity of PHQ-9 as a screening tool for depression for the Pakistani population. Despite its wide use, it has not yet been validated in Pakistan. The validity of PHQ-9 will be assessed against the Aga Khan University Anxiety and Depression Scale (AKUADS). These 2 questionnaires were administered on 50 participants who were picked through convenient sampling method, 25 clinically depressed individuals from hospital settings and 25 non-depressed individuals from university. The results showed a weak positive correlation (R^2 Linear=0.382) between AKUADS and PHQ-9 scores. It was concluded that PHQ-9 Urdu Version is a valid scale for assessing depression in Pakistan.

Keywords: depression, validity, screening, questionnaire, clinically depressed.