

# PERCEPTION OF OLD AGE AND RESPECT TOWARD OLD PEOPLE AMONG YOUNG **ADULTS**

A thesis Presented to The Institute Of Professional Psychology, Bahria University, Karachi Campus

> In Partial Fulfillment Of the Requirements for the Degree Bachelor of Science (BS) Psychology

> > By

RIMSHA TANVEER **REG#21038** 

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**REG#21033** 

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#### APPROVAL SHEET

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Candidates' Names: Rimsha Tanveer and Anum Ayaz

Discipline: Psychology

Faculty/Department: Institute of Professional Psychology

I hereby certify that the above candidates' work, including the thesis, has been completed to my satisfaction and that the thesis is in a format of an editorial standard recognized by the faculty/department as appropriate for examination.

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Principal Supervisor:

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The undersigned certifies that:

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### **DECLARATION OF AUTHENTICATION**

We certify that the research work presented in this thesis, to be the best of our knowledge, is our own. All sources used and any help received in the preparation of this thesis have been acknowledged. We hereby declare that, we have not submitted this material, either in whole or in part, for any other degree at this or any other institution.

Signature(s):

Rimsha Tanveer

Anum Ayaz

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### **DEDICATION**

I would like to dedicate our thesis to my dearest and sweet parents, Mr. Tanveer Malik and Mrs. Nabeela Malik, and my lovable sisters, Ms. Amna Tanveer and Ms. Rabiya Tanveer.

- Rimsha Tanveer

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- Anum Ayaz

#### **ABSTRACT**

The present study intended to assess the relationship between perception of old age and respect toward old people among young adults. For this purpose, a sample of 132 participants was assessed in two academic institutions and it comprised of both males (n=69) and females (n=63). The age group of participants ranged from 19 to 30 years and they belonged to socioeconomic strata ranging from middle-middle class to upper-middle class. The participants were selected from nuclear and joint family structures. The Expectations Regarding Aging – 12 (Sarkisian, Steers, Hays & Mangione, 2005) and the Refined Aging Semantic Differential (Polizzi, 2003) were applied to analyze perception of old age and respect toward old people, respectively. The results revealed a weak positive correlation significant at 0.045 level between perception of old age and respect toward old people in young adults. Moreover, the study emphasizes the notion that perception could be helpful in inculcating young adults with moral values.