



# **CREATIVE STYLE AS A FUNCTION OF SHYNESS IN ADOLESCENTS**

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By

**KHIZRA JAMIL  
&  
ZOHRA BATOOL**

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**INSTITUTE OF PROFESSIONAL PSYCHOLOGY  
BAHRIA UNIVERSITY, KARACHI CAMPUS**

**APPROVAL SHEET**

**SUBMISSION OF RESEARCH DEGREE THESIS**

Candidates Name: Khizra Jamil and Zohra Batool

Discipline: Psychology

Faculty/ Department: Institute of Professional Psychology

I hereby certify that the above mentioned group members' work including the thesis has been completed to my satisfaction and that the thesis is in a format of an editorial standard recognized by the faculty/department as appropriate for examination.

Signature(s):

Principal Supervisor: \_\_\_\_\_

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### DECLARATION OF AUTHENTICATION

We certify that the research work presented in this thesis, to the best of our knowledge is our own. All sources used and any help received in the preparation of this thesis has been acknowledged. We hereby declare that we have not submitted this material, either in whole or in part, for any other degree at this or any other institution.

Signature(s):

Khizra Jamil Khizra

Zohra Batool Zohra Batool

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## DEDICATION

We would like to dedicate our thesis work to our most respected and honorable parents, their support and confidence helped us to successfully complete the thesis project. We also dedicate our thesis to the Director of IPP. Her attitude towards students, her hard work and dedication to her profession has been truly inspiring and motivating. She turned out to be the role model for exploring our subjects and fostering our own personal growth. Also, the thesis has been dedicated to the teachers of IPP especially to Dr. Zainab Hussain Bhutto whose valuable assistance throughout the process of thesis work enabled us to complete this research to the best of our ability. Her guidance from time to time had laid all the foundations necessary to excel in our field. We are grateful to her.



## ABSTRACT

The present study aimed to explore the effect of shyness on the creative style of adolescents. The study has been conducted in accordance with hypothesis; there will be a significant difference between the creative style of adolescents who are shy and those who are not shy. For this purpose, the sample included 200 participants, comprising of 100 males and 100 females adolescents between the ages of 13-19 years were selected from different schools of Karachi city. Data collection was done using a consent form, demographic form, Revised Cheek and Buss Shyness Scale (Cheek & Buss, 1981) and The Creativity Style Questionnaire (Kumar & Haulman, 1997). Simple Independent t-test was employed in order to analyze the obtained data. The results revealed a significant difference in creative style of shy adolescents ( $SD= 3.99$ ) as compared those who are not shy ( $SD= 4.21$ ). Among the components of creative style; belief in unconscious process ( $p=0.020$ ), use of people ( $p=0.037$ ), final product orientation ( $p=0.031$ ) and use of senses ( $p=0.041$ ) were found to be significant. However, a partial significant difference was found on the component of environmental control ( $p=0.071$ ). On the outlook of present study, it is recommended that for the future exploration on similar researches, a more diverse and larger sample size, ranging from all age groups, educational backgrounds and socioeconomic statuses should be considered. Along with the diverse population, the different ethnic backgrounds and other variables including loneliness and self-esteem should be taken into account so that better and more advanced results may be yielded from the study.