

**THE RELATIONSHIP BETWEEN EXTRA
VERSION AND ATTACHMENT STYLE
DIMENSIONS**

**A thesis
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Psychology,
Bahria University, Karachi**

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Of the Requirements for the
Degree of Bachelor of Science
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By

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We certify that the research work presented in this thesis, to the best of our knowledge, is our own. All sources used and any help received in the preparation of this thesis have been acknowledged. We hereby declare that we have not submitted this material, either in whole or in part, for any degree at this or any other institution.

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DEDICATION

This thesis is dedicated to all those in the search of a better understanding of the most amazing creation of God – the human being – with the view of helping oneself and others grow into successful, happy individuals leading a life of contentment and productivity.

Every bit that we explore about the human psyche only forces upon us the limitlessness of what still remains to be understood.

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Abstract

The current study attempts to investigate the relationship between extraversion and attachment styles. The hypotheses tested in this study were: (a) extraversion would have a significant negative correlation with attachment related avoidance, and (b) there would be no significant correlation between extraversion and attachment related anxiety. Extraversion was measured using items from the HEXACO-PI-R and the Experiences in Close Relationships – Revised Questionnaire (ECR-R) was used to measure attachment related avoidance and attachment related anxiety from a sample ($n=55$) of university students aged between 18 and 24 years. The results of Pearson Product Moment Correlation indicated that extraversion is negatively correlated with both attachment related avoidance and attachment related anxiety, which is in agreement with similar research done in the past.