

## STUDENTS CORNER

# Students' Documentary Competition on "Perceptions & Attitudes towards Oral Health" by Department of Community Dentistry

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The Department of Community Dentistry of BUMDC, continued its tradition of yearly organization of a Constructive students' educational activity and arranged an innovative students' Documentary Competition on the subject of "Perceptions & Attitude towards Oral Health" amongst the students of 2<sup>nd</sup> year BDS. The event took place on Wednesday 28<sup>th</sup> September 2016, from 11am- 2pm at the Ibn –e- Sina Auditorium of BUMDC. It was conceived by Dr.Kulsoom Fatima Rizvi (H.O.D) who proposed the concept of a students' activity that was healthy, exciting, and educationally stocked. It encouraged the students' cognitive functioning, enhanced their creativity skills, presentation abilities and also helped them acknowledge the theoretical knowledge with its implication and impact on the society. All this was put together in the form of Short Documentary films of 10-15 minutes duration and presented before the audience that comprised of entire medical and dental faculty and all the years of MBBS and BDS students.

The whole class had been divided into 5 groups to inculcate the significance of team work and promote the concept of group study for better understanding during the making of documentary films. The documentaries were based on the topics such as impact of gutka and paan on the society and the reasons behind the increased consumption of this poison among our younger generation. Impact of junk food consumption on the oral and general health was also highlighted. The documentary on mercury hazards (Poison in the Mouth) tried to draw attention of the audience towards the myths and realities regarding the use of amalgam as a restorative material and also tried to answer queries by sharing facts, researches and professional experiences of clinicians. Quackery was another topic selected for documentary that provided an insight of the root cause of this malpractice in the society. All the documentaries were supervised by Dr. Raima Bashir.

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The Director General of BUMDC Vice Admiral (Rtd) TahseenUllah Khan and Dean & Principal Health Sciences, Brig (Rtd) Prof. Dr Shaheen Moin were invited as chief guests. Respectable heads and faculty of entire medical & dental sections of BUMDC and the undergraduate students of MBBS and BDS were also invited to provide support and encouragement to the participants. The Jury comprised of Dr Ashar Afaq (HOD Community Dentistry & Vice Principal Dow dental college) and Dr. Shama Asghar (HOD Operative Dentistry, BUMDC) who judged each documentary film on their concept, knowledge delivery via content, and presentations skills and scored them accordingly. The results were compiled by commutating the marks allotted by each jury member.

The competition commenced with a welcome address to all the guests by Dr. Raima Bashir and Dr. Nazish Fatima, the hosts of the event. After recitation of the Quran the event proceeded with an introductory presentation on departmental achievements and a featured video on outcomes and accomplishments of a "Community Support Program" running successfully in BUMDC under the dynamic supervision of Dr. Kulsoom Fatima. Dr. Kulsoom Fatima welcomed the respectable guest, faculty and students of all MBBS & BDS batches and congratulated all the participants and the organizers on the accomplishment of a successful event.

Two guest lectures were also arranged in between the documentaries. First guest lecture was delivered by Dr. Zainab Zadeh in which she highlighted the relationship between oral and psychological health. She emphasized that oral health cannot be attained if one is not psychologically healthy. Her captivating personality and exuberant style really impressed everybody and she was praised with loud applauds. The 2<sup>nd</sup> guest lecture was on the topic of "Bioethics in Dentistry" and it was delivered by Prof. Dr. Ambreen Usmani. The topic provided informative knowledge on the ethical considerations and its implications and significance with respect to dentistry. This was followed by the last documentary of the program. During the compilation of result the Chief Guest of the event, our honorable Director General of BUMDC was requested to come on stage and express his views on the event. He congratulated the participants and the department with words of tremendous appreciation for working whole heartedly as a team in completion of the event and emphasized that such activities should be conducted on regular basis. He further stated that he was pleased to see excellent documentary films prepared by the students. The ceremony was concluded with prize distribution of

shields and certificates to meritorious students. 1<sup>st</sup> prize was awarded to documentary film titled “Impact of gutka on oral health” prepared by team M. Zaman, Palwasha khattak, Sarah Jamil, Affaf Naeem, Kashaf Fatima, Paras, Perhe, Bakhtawar, Hassan Riaz and Rizwan Khan and 2<sup>nd</sup> prize was bagged by film “Quackery: Blessing or Curse” by team Hania Chocksey, Hamna khalid, Sidra Solangi, Moneeba, Syeda Zahra Hassan and Bisma Anis. Honorary shields were also presented to our respected guest speakers and judges. Certificate of appreciation were awarded to the organizers

namely Dr. Kulsoom Rizvi, Dr. Raima Bashir, Dr. Nazish Zafar and Assistant Qadeer Ahmed for their tireless efforts in making this event a complete success. Finally Dr. Kulsoom thanked everybody for sparing their precious time for the encouragement of the students for their tremendous hard work. BUMDC inspires the execution of healthy extracurricular activities as they set a platform for all the young nurturing students in building up their confidence, and exploring their hidden potential and talents.

Figure: 1



Group photo with Director General, Dean, judges and departmental faculty

Figure: 2



Prize Distribution Ceremony

Figure: 3



Judges Evaluating Each Documentary