

**PERCEIVED SOCIAL SUPPORT, SELF IMAGE AND PSYCHOLOGICAL  
WELLBEING AMONG PHYSICALLY HANDICAPPED INDIVIDUALS**



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BAHRIA UNIVERSITY, ISLAMABAD CAMPUS**

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**BAHRIA UNIVERSITY  
ISLAMABAD, PAKISTAN**

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**THIS THESIS SUBMITTED**

**BY**

**Hina Khalid**

**IS ACCEPTED BY THE BAHRIA UNIVERSITY ISLAMABAD**

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**ALL THE PROCEDURES FOLLOWED, AND MATERIAL USED WERE  
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**“Perceived Social support, self-image and psychological wellbeing among physically handicapped individuals”**

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## **DEDICATION**

This research project is dedicated to ALLAH Almighty,

My parents, siblings and my friends who have supported me all the way, since the beginning of my studies.

**Hina Khalid**

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# Table of Contents

1. CHAPTER INTRODUCTION	
1.1. Handicap	3
1.2. Psychological wellbeing	5
1.3. Ryff six classes of wellbeing	8
1.4. Self-image	10
1.5. Self-image and self-esteem	11
1.6. Media influence on Self-image	12
1.7. Handicap and self-image	12
1.8. Men with physical disability and self-image	13
1.9. Ladies with disability and self-image	13
1.10. Handicap and self-acceptance	14
1.11. Theories about self-image	14
1.12. Self-actualization	14
1.13. The fully functioning person	15
1.14. Rogers recognized five qualities of the completely working individual	15
1.15. Personality development	16
1.16. Positive regard and self-worth	16
1.17. Congruence	18
1.18. Perceived Social support	20
1.19. Psychological problems and social support	24
1.20. Types of support	26
1.21. Rationale of study	32
2. CHAPTER METHOD	
2.1. Objectives of the study	34
2.2. Hypothesis	34
2.3. Operational definitions	35
2.4. Sample	35
2.5. Inclusion criteria	35
2.6. Exclusion criteria	36
2.7. Procedure	36
2.8. Instruments	36

3. CHAPTER	
3.1. Results	38
4. CHAPTER	
4.1. Discussion	48
5. REFERENCES	51

### **List of Tables**

<b>Table 3.1</b> Sample characteristics of Participant	38
<b>Table 3.2</b> Psychometric properties of study variables social support, self-image and psychological wellbeing	39
<b>Table 3.3</b> Pearson bivariate correlation between self-image and psychological wellbeing	40
<b>Table 3.4</b> Pearson bivariate correlation between social support and psychological wellbeing	41
<b>Table 3.5</b> Pearson bivariate correlation between social support and self-image	43
<b>Table 3.6</b> T-test analysis between gender among study variables	44
<b>Table 3.7</b> T-test analysis between single and married couples among study variables	45
<b>Table 3.8</b> T-test analysis among family system between study variables	46
<b>Table 3.9</b> T-test analysis among job between study variables	47

### **List of Appendix**

Appendix A	Informed consent
Appendix B	Demographic Variables
Appendix C	Multidimensional Scale of Perceived Social Support
Appendix D	Self-image Scale
Appendix E	Ryff Psychological Wellbeing Scale

## **Abstract**

This research was conducted to see the effect of perceived social support, self-image and psychological wellbeing of physically handicapped individuals. To find out how these variables effect the wellbeing of physically handicapped individuals as they have limited exposure to environment and some have limited contact with other individuals. In this study, we take 43 participants both male and female age range from 15 years and above all participants are physically handicapped. Multidimensional Perceived Social Support Scale (MPSSC), Ryff Psychological wellbeing scale 54 items and Rosenberg self-esteem scale in Urdu version were used. After data collection results were calculated through SPSS. Descriptive statistical analysis was used for participant information. T-test analysis was used for the finding out group differences between all study variables and Pearson correlation analysis was used to check the hypotheses. The SPSS analysis showed that there is a significant relationship between social support, self-image and psychological wellbeing of physically handicapped individuals.

**Key words:** Self-image, Perceived social support, Psychological Wellbeing and physically handicapped