

**ROLE OF PERCEIVED SOCIAL SUPPORT, COPING STRATEGIES AND LIFE  
SATISFACTION AMONG BURNS SURVIVORS**



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**IS ACCEPTED BY THE BAHRIA UNIVERSITY ISLAMABAD**

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## **DEDICATION**

I present all my heartiest thank to the “*Almighty Allah*” WHO guide and never leave me in completing this work. This thesis is dedicated to my Dear, Sweet and beloved

Parents, my father *RAJA MUHAMMAD HANIF* and my mother *MRS HANIF*, brothers’

*RAJA NAFEES AHMAD HANIF, RAJA TOUSEEF AHMAD HANIF &*

*RAJA SOHAIL AHMAD HANIF*

And Respected

*TEACHERS*

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## ABSTRACT

*This study was aimed to investigate the role of perceived social support, coping strategies and life satisfaction among burn survivors. Sample comprised of 200 burn survivors with the age range of 15-70 years ( $M = 29.84$  &  $SD = 10.96$ ). Sample was collected from different burns units of Rawalpindi-Islamabad. Convenient sampling was used to collect the data. Three scales were used including; Multi-dimensional Scale to assess Perceived Social Support (MSPSS) Urdu Version, Coping with Burns Questionnaire (CBQ-self adapted Urdu version) to assess coping strategies, and Satisfaction with Life Scale (SWLS) Urdu Version to check the levels of life satisfaction among burn survivors. Results demonstrate that there is a positive relationship between perceived social support, and life satisfaction among burn survivors ( $r = .71, p < 0.01$ ). Moreover, a positive relationship between coping strategies i.e., problem focused coping ( $r = .47, p < 0.01$ ), adjustment coping ( $r = .30, p < 0.01$ ), instrumental action ( $r = .20, p < 0.01$ ) with life satisfaction among burn survivors was also found. Limitations and recommendations are also discussed.*

**Keywords:** Perceived social support, coping strategies, life satisfaction, burn survivors

## ABBREVIATIONS

BI	Burn Injury
BS	Burn Survivors
CBQ	Coping with burn questionnaires
CS	Coping Strategies
	Multidimensional scale of perceived social
MSPSS	support
PSS	perceived social support
SWLS	Satisfaction with life scale
LS	Life Satisfaction
QOL	Quality of Life
TBSA	Total body surface area
EFC	Emotion-Focused Coping
PFC	Problem-Focused coping