



# **IDENTIFYING THE FACTORS THAT CAUSE WORK-RELATED STRESS AMONG INDIVIDUALS IN SERVICE SECTOR**

A Thesis submitted to Department of Management Sciences in  
part fulfillment of the requirement for the MBA degree  
*partial*

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**NOV, 2014**

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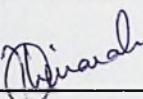
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submit \_\_\_\_\_ bound copies of thesis titled:

Identifying the factors that cause work-related stress  
among individuals in service sector in the management science department as part of fulfillment of the

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## **Abstract**

This study aims to identify work related stress among individuals in service industry. Five independent variables are studied for it that are Role Ambiguity, Role Overload, Working Condition, collegiality and Bullying & Harassment with independent variable Workplace stress.

For this purpose convenient sampling method is used and data is analyzed in SPSS version 20. Three statistical method used for the analysis of data are Regression analysis, Correlation and Multiple regression.

Findings shows that in service industry; role overload, working condition and collegiality have significant relation with workplace stress while role ambiguity and bullying and harassment don't show any significant result with workplace stress. But after applying Multiple Regression Role ambiguity shows relation with workplace stress with the same data. There is view recommendation and conclusion was discussed at end of the report.

## **Acknowledgment**

First of all, I would like to deeply thank Almighty ALLAH, Who granted me power, ambition and patience to complete this thesis.

I would like to express my sincere and utmost appreciation to my thesis advisor Ms. Saima Zia for her support, valuable time, guidance and patience.

Then I would like to thank my valuable family and friends whose love and support encouraged me for this thesis development. My special acknowledgement is also extended to all my MBA teachers and my classmates for their assistance.

My special thanks also goes to workforce from People Logics Pvt Ltd, Habib Metropolitan Bank Ltd, Sabs Saloon, Living Doll Beauty Saloon, Rose Beauty Parlor, Pak Telecom Ltd, Happy Home School, & IT Complete for their support to accomplish my questionnaires.

**Maryam Minarah**

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**October, 2014**

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