

MENTAL HEALTH OF THE SPOUSES OF CARDIOVASCULAR PATIENTS

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I certify that I have read this Dissertation and that in my opinion it is fully adequate, in scope and quality, as a dissertation for the degree of Doctor of Philosophy.

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ABSTRACT

The present research is conducted in order to investigate the mental health of the spouses of cardiovascular patients and spouses of normal individuals. IPAT ANXIETY and IPAT DEPRESSION scales were administered to 200 spouses and they were asked to mention their demographic data.

200 participants were divided into two groups out of which 100 spouses were of the patients suffering from cardiovascular diseases and 100 spouses were of the normal individuals. These groups were further divided according to the gender differences. There were 50 wives of cardiovascular patients, 50 wives of normal individuals, 50 husbands of cardiovascular patients and 50 husbands of normal wives.

Chi - square test was applied for the statistical analysis of the data.

The results of the present study show that the spouses of cardiovascular patients are more depressed and anxious than the spouses of normal individuals.