

**MANAGEMENT OF DEPENDENCY AND GENDER
DIFFERENCE IN PSYCHOTHERAPY
IN PAKISTAN**

BY

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I certify that I have read this Dissertation and that in my opinion it is fully adequate, in scope and quality, as a dissertation for the degree of Doctor of Philosophy.

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CONTENTS

Table	Page
Acknowledgement	(IV)
List of Tables	(VII)
List of Graphs	(XII)
Abstract	(XVI)
Chapter 1 Introduction	1
Chapter 2 Method	81
Chapter 3 Results	86
Chapter 4 Discussion	184
Chapter 5 Conclusion	208
References	211
Appendix A	262
Appendix B	280

ABSTRACT

(The present study was conducted to investigate the "Management of Dependency and Gender Difference in Psychotherapy in Pakistan".

Twelve Male and Twelve Female clients in the two categories of Remainers and Terminators, in equal numbers, were included in the study.

Content analysis of the first two recorded therapeutic sessions of each client was conducted. Highly significant level of inter-rater reliability was obtained.

Sign test was used to find out the difference between the ratio of approach and avoidance interventions of the therapist.

Mann-Whitney-U test was applied to determine the statistical significance of the difference between the Remainers and the Terminators in dependency and the Gender difference in the two categories with respect to approach and avoidance of the therapist.

The results revealed that approach interventions used in the first two therapeutic sessions led to an increase in the frequency of the dependency bids of the client, and the clients tended to be a Remainer, while with avoidance interventions