

Student Name: Ayesha Ashfaque Buriro

Enrollement number: 01-155092-007

Research topic: Effects of Electronic Media (Impact of Violent

Video Games in Breeding Aggressive Behavior) Among Children

Supervisor: Kaleem Ahsan

Bahria University, Islamabad

This Research proficiency paper is submitted to the department of Humanities and Social Sciences, Bahria University, Islamabad. This paper was a partial requirement for the fulfillment of the degr

ACKNOWLEDGEMENTS

First, I am thankful to Mr. Kaleem Ahsan who always supported me. My gratitude to both of my parents for believing in me and for placing all the values that helped me made this achievement possible. I know they are proud. To all of the rest of my friends and relatives, I am truly thankful for your firm support and enthusiasm.

I wish to thank my Head of Department, Dr. Saif Iqbal, for their priceless assistance in helping me design and carry out this research. Your kindness will not soon be forgotten. I am indebted to the rest of the children who participated in this study I am thankful for their contributions to this project. Finally, I would like to express my thanks to all of the wonderful teachers, administrators, and parents whose help made this research possible.

ABSTRACT

Playing video games have become one of the most favorite activities among children. A rising body of research is connecting violent video game play to violent cognitions, attitudes, and behaviors. The main goal of this research was to document the habits of video games play among adolescents and the level of parental supervision of children's' video game exposure. The second aim was to observe relations among violent video game exposure, aggression, arguments with peers and physical fights. Also an experiment was conducted on children of ages between 12 to 16 years where participants were offered to play two different video games (Call of Duty 4 and Tekken 3). After that all the participants were observed in a free play and questionnaires were distributed among children in order to analyze their cognitions and behavior. Finally, Social learning theory (Bandura, 1965; 1971; 1986) was applied in order to find whether children actually learn from media models or not. Key findings of this study are since this was an experimental study being conducted on the children the results obtained were short term because short term effects are those where the players are supposed to play a certain video game for short span of time for instance 20 minutes. From the research I am of the view that children exposed to violent video games are more aggressive than the children who play non violent video games.

Table of Contents

Chapter 1	5
1.1 Introduction	5
1.2 Purpose	9
1.3 Goals	11
1.4 Methodology	11
Chapter 2	13
2.1 Literature review	13
Chapter 3	21
3.1 Theoretical framework	21
3.2 Social learning theory	25
3.2 Age Bracket.	28
3.3 Assumption	28
Chapter 4.	30
4.1 Data Collection and Interpretation	30
4.2 Experiment	30
4.3 Conclusion.	32
4.4 Observations	33
4.5 Research questionnaire	35
Chapter 5	41
5.1 Recommendations	41
References	43