Influence of Brands on Lifestyles of Young Adults in Islamabad



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## ABSTRACT

This work illustrates the impact of brands on lifestyles of young adults in Islamabad. It tends to gather as much information as it can regarding the brands and their influences on the lives of their consumers. The information gathered from the research would be extremely beneficial for the brands and companies when it comes to judging the impact of their brands on the consumers. Furthermore it will help brands to enhance their influential capability by the use of technology and creating consumer awareness.

This research considered methodologies such as interviewing the respondents' in-depth and using convenience and random sampling techniques select respondents for gathering the data that is relevant and important to the research. There was a gap in the past researches as they not much focused on the influence of brands on consumers' lives instead they tend to be more relevant to building, evaluating, expanding brands and were more company oriented researches. This research will help by filling in the gaps and would be focused on the "consumers" section that was previously neglected by various researchers.

This research is entirely focuses on the consumers who belong to the segment of young adults and strives to gather data in context of the impact and influence that the changing trends in the world had effected the lifestyles of young adults, specifically focusing on Islamabad, Pakistan

## **Table of Content**

Chapter 1	
1. Introduction	4

#### Chapter 2

2. Literature Review	12
2.1 What is a brand	12
2.2 Promises of brands	12
2.3 Postmodern Era	13
2.4 Big Brands Bigger customer share	15
2.5 Status Consumption	17
2.6 Customer Perceived Brand Equity	18
2.7 Technology and Customers	20
2.7.1 Online Shopping	20
2.8 Brands and Customer Satisfaction	25
2.9 Brand Loyalty	27
2.10 Influence of Brands	30
2.11 Global versus local brands	32
2.12 Consumer's willingness to purchase products	34
2.13 Impulse Buying	33
2.14 Gap in the literature review	37
2.15 Problem Statement	37

2.16 Research Objectives 3	38
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#### Chapter 3

Methodology	39
3.1 Qualitative Research	40
3.2 Sample Size	42
3.3 Sampling Method	43

#### Chapter 4

Findings & Analysis	44
4.1 Findings	45
4.2 Theme Analysis	46
4.2.1 Theme 1	46
4.2.2 Theme 2	47
4.2.3 Theme 3	49
4.2.4 Theme 4	50
4.2.5 Theme 5	52

## Chapter 5

Annexure	
7. Referencing	58
6. Reflection	57
5. Conclusion and Recommendations	54