Analysis of the Flaws in the prison system of Pakistan and enhancing the rehabilitation process



Final Year Research Project

Submitted By

Shakeel Ahmed 01-177182-047

Supervisor

Cdr (Retd) Abdul Ghaffar

Assistant Professor

School of Law

Bahria University, Islamabad

RESEARCH THESIS FOR COMPLETION OF LLB DEGREE

SUPERVISOR'S APPROVAL

I **Cdr (Retd) Abdul Ghaffar,** permanent faculty Bahria University hereby, forward this work done by **Shakeel Ahmed** to the research committee for final evaluation. Name of Supervisor: Cdr (Retd) Abdul Ghaffar

Supervisor's Signature: ……...

Date: ……

Department of Law

Bahria University, Islamabad

DECLARATION OF ETHICAL CONDUCT IN THESIS WORK

I, **Shakeel Ahmed** student of Bahria University, hereby affirm and declare that I have abided by all the research ethics writing this research project.

I have not committed any acts that may discredit or damage the credibility of my research. These include. But are not limited to, falsification, distortion of research findings, or plagiarism.

I have subjected this work to plagiarism check before submitting the research project

Date: …….

Degree: LLB

Supervisor Name: Cdr (Retd) Abdul Ghaffar

Student Name: Shakeel Ahmed

Signature: …….

ACKNOWLEDGEMENT AND DEDICATIONS

I am, firstly, very grateful to Allah Almighty who has created the means for me to reach at this position. Without His blessings I might not have become able to earn this position for completion of this research paper.

I dedicate my humble efforts and this dissertation to my loving parents and respected teachers, who supported us through every difficult situation and taught us to never give up.

I am extending my heartfelt thanks to my supervisor Sir Cdr (Retd) Abdul Ghaffar for guiding me and to all my friends. I am blessed to have caring and helpful friends. They were there the whole time to help me.

LIST OF ABBREVATIONS

PPR	Pakistan Prison Rules
PPA	Pakistan Prisoners Act
NGOs	Non-Governmental Organizations
UNODC	United Nations Office on Drugs and Crime
IO	International Organizations
ICG	International Crisis Group
AHRC	Asia Human Rights Commission
PRA	Probational Release Act
MPO	Maintenance of Public Order Ordinance
POO	Probation of Offenders Ordinance
JSSO	Juvenile Justice System Ordinance
MHO	Mental Health Ordinance
JWSR	Jail Warden Service Rules
IGP	Inspector General of Prisons
UNHRC	United Nations Human Rights Council

Table of Contents

RESEARCH STATEMENT 9
INTRODUCTION 9
RESEARCH OBJECTIVES 11
RESEARCH QUESTIONS 11
RESEARCH METHODOLOGY 11
LITERATURE REVIEW 12
CHAPTER I - INTRODUCTION TO PRISON SYSTEM OF PAKISTAN 14
1.1 Background information on the prison system in Pakistan 14
1.2 Categories of prisons in Pakistan 15
1.2.1 Central Prisons 15
1.2.2 District Jails 16
1.2.3 Sub-Jails 16
1.3 Prison class system and regimes in Pakistan 16
1.4 Challenges in the prison system of Pakistan 19
1.5 The legal framework of prison in Pakistan 20
1.6 Analysis of Constitutional and Legal Protections for Prisoners 22
CHAPTER II LOOPHOLES IN EXISTING PRISION SYSTEM OF PAKISTAN 24
2.1 The Problems of Prisoners 24
2.2.1 Overcrowding and Living Conditions 24
2.2.2 Prolonged Pretrial Detention 25
2.2.3 Inadequate Access to Legal Representation 26
2.2.4 Lack of Healthcare Services 27
2.2.5 Rehabilitation and Reintegration Challenges 28
2.3 Loopholes in the Prison System of Pakistan 29
2.3.1 Overcrowding in Prison 30
2.3.2 The Impact of Overcrowding in Prisons 31
2.3.3 Corruption in Prisons 31
2.3.4 Inadequate Amenities in Prisons 32
2.3.5 Human Rights Abuses 34
CHAPTER III - CHALLENGES IN REHABILIATION OF PRISONERS IN EXISTING PRISON MODEL OF PAKISTAN 37
3.1 Rehabilitation 37

3.2 Rehabilitation Models in Pakistan 38
3.3 Theoretical Framework of Rehabilitation 40
3.4 Flaws in Criminal Rehabilitation in Prison System of Pakistan 41
3.5 Importance of Rehabilitation in Reducing Recidivism 43
CONCLUSION AND RECOMMENDATIONS 45
CONCLUSION 45
RECOMMENDATIONS 46
BIBLIOGRAPHY 48

ABSTRACT

Pakistan follows the prison system of the British. Pakistan has inherited its prison system from the British. A prison is a place used to imprison individuals who commit crimes and illegal activities. Prison serves as a punitive and rehabilitative source for inmates. Prisoners are punished and rehabilitated in order to deter crimes. In this research paper, I have studied the prison system of Pakistan. The research paper critically analyzes the prison system of Pakistan and rehabilitation process of prisoners in Pakistan. It aims at studying that how the prison system of Pakistan works and what are flaws in it. Furthermore, this paper also focuses on the functioning of the rehabilitation process of inmates in prisons.