RESILIENCE, CREATIVITY, AND RISK-TAKING BEHAVIOR AMONG YOUNG ADULTS: A COMPARATIVE STUDY OF FIRSTBORN, MIDDLE BORN AND LAST BORN

A Research Project

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The Department of Professional Psychology,

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BS Psychology

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DECLARATION OF AUTHENTICATION

We certify that the research work presented in this research project, to the best of our knowledge, is our own. All the sources used, and any help received in the preparation of this thesis have been acknowledged. We hereby declare that we have not submitted this material, either in whole or in part, for any other degree at this or any institution.

Signatures:

Areej Khan _____

Ayesha Tehreem _____

Dua e Batool _____

Fareeha Fatima _____

DEDICATION

We dedicate our research to our parents with heartfelt gratitude. Their constant love, support, and encouragement have guided us in our pursuit of knowledge. Every success we've achieved is a testament to their efforts and belief in us.

We also extend our deepest appreciation to our diligent research partners. Their unwavering dedication, hard work, and collaborative spirit have been invaluable. This journey of discovery and achievement would not have been possible without their exceptional contributions and commitment.

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List of Abbreviations and Acronyms

DOSPERT	Domain-Specific Risk-Taking Scale
RIBS	The Runco Ideational Behavior Scale
BRS	The Brief Resilience Scale
N	Number of Participants
M	Mean
SD	Standard Deviation
*****	<0.05
******	<0.01
*******	<0.001

ABSTRACT

The present study aims to examine the influence of birth order on specific personality characteristics among young adults. A comparative study was conducted to determine the variations in resilience, creativity, and risk-taking behaviors across different birth order positions in young adults. The sample of the study was 510 young adults aged between 18-30. The study consisted of four hypotheses which explored the variations among different birth orders. Data collection employed a self-designed demographic questionnaire, alongside standardized measures including the Brief Resilience Scale (BRS; Smith, 2008), the Domain Specific Risk-Taking Scale (DOSPERT; Weber et al., 2002), and the Runco Ideational Behavior Scale (RIBS; Runcoet al., 2001). Statistical analyses were performed using SPSS software, version 27. The results of the study showed that last-born siblings had the highest levels of resilience and creativity while risk-taking is more associated with first-borns, which means that the two study variables were seen in high degrees in the last-born alone with low levels seen in first and middle born. The findings provided valuable insights into the distinct personality characteristics that were associated with different birth order positions and gave various possible explanations for the differences that existed between study variables and different birth orders.

Key terms: Birth Order, Resilience, Creativity, Risk-taking behavior.