Perceived Social Support, Trauma of Discrimination and Psychological Distress Among University Students Living in Hostels



Submitted by:

Arbaz khan

Enrolment Number:

03-275222-038

Supervisor:

Dr. Urooj Sadiq

Department Of Professional Psychology

Bahria University Lahore Campus

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Abstract

This study Perceived social support trauma of discrimination and psychological distress among university students living in hostel . A Co relational study design was employed, and data will be collected from a sample of adults (N = 219) using standardized measures, including the Multidimensional Scale of Perceivedd Social Support (MSPSS) was employed to assess perceivedd social support from family, friends, and significant others, Trauma Symptoms of Discrimination Scale (TSDS) was employed to assess trauma of discrimination related symptoms resulting from experiences of discrimination, Kessler Psychological Distress Scale (K10)to assess the measure psychological distress by assessing symptoms of anxiety and depression. The descriptive statistic was run to assess mean and SD, frequencies and percentages. The Shapiro Wilk test was run to check skewness of data, Pearson product moment correlation was run to find Perceived social support scale, trauma of discrimination scale and psychological distress scale . Moderation analysis (Baron and Kenny mediation analysis) was performed to find out the Moderation role of Trauma of discrimination between perceived social support and Psychological distress.

Key Words: Perceived social support, trauma of discrimination and Psychological distress.

Acknowledgement

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Arbaz khan

Dedication

To my parents, thank you for being my inspirations of light, constantly encouraging me to reach beyond my limits and never to accept anything but my best. Your sacrifices, patience, and faith in my abilities have been the force behind every step of this journey. As I face the challenges of the future, I take with me the lessons of endurance, perseverance, and unshakeable optimism that you have imparted to me. With your unbaiting love and support, I am convinced that I will be able to overcome any challenges that I may encounter along the way, pursuing excellence in everything I do.

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Student Name Arbaz khan **Registration Number** 80427

Programmed of the Study MS Clinical Psychology

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Symbols	Definitions
α	Cronbach's index of internal consistency
k	Number of items
f	Frequency
n	Total sample
t	Ratio
M	Mean
SD	Standard Deviation
%	Percentage
p	Significance Value
R	Correlation Coefficient
R^2	Coefficient of Determination
β	Standardized Beta
B	Unstandardized Beta
SE	Error
Z	Standard Score
LL	Lower Limit
UL	Upper Limit
CI	Confidence Interval

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