THE PERSONALITY TRAITS, SUICIDAL IDEATION AND COPING STRATEGIES IN SUBSTANCE USE DISORDER: A COMPARISON WITH THREE AND MORE THAN THREE RELAPSES

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A thesis submitted in fulfillment of the requirements for the award of the degree of Masters of Science (Clinical Psychology)

Department of Professional Psychology

Bahria University Lahore Campus

October 2024

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Dedication

To my beloved Parents, Siblings

Acknowledgement

In the name of Allah, the Most Merciful and Generous, I am deeply thankful to Him for granting me the strength, wisdom, and opportunity to complete this research. Without His guidance, none of this would have been possible.

I extend my sincere gratitude to my supervisor, Dr. Urooj Sadiq, Associate Professor at Bahria University Lahore Campus. Her insightful guidance, patience, and dedication throughout this journey have been invaluable. I am truly fortunate to have worked under her mentorship.

I would also like to thank Asim Nazir, whose encouragement and passion for research opened my eyes to this incredible field. His support pushed me to challenge myself and grow.

A heartfelt thanks to my dear friends Muhammad Zubair, and Ayesha Malik for being there with their unwavering support.

To my wonderful parents, Mr. Muhammad Javaid and Mrs. Shahida Javaid —thank you for your endless love, prayers, and encouragement. Your belief in me has always been my greatest strength, and I owe this accomplishment to you.

I'm also immensely grateful to my brothers, Taha and Talha Javaid and my sisters Maryam and Noor Javaid, for their constant support and care. You have been my pillars, and I could not have done this without your love and encouragement.

Lastly, I want to acknowledge everyone who has helped me along this journey, whether through guidance, motivation, or simply believing in me. This achievement belongs to all of you as much as it does to me. Thank you!

AROOJ JAVAID

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Abstract

The aim of this study is to investigate the personality traits, suicidal ideation and coping strategies in substance use disorder, to explore a comparison with three and more than three relapses. The purpose of the study is to see whether the number of relapses plays a different role in looking the effect of the personality traits on the suicidal ideation and coping strategies in substance use disorder individuals. To fulfill the aim it was hypothesized that I- There would be difference in the personality traits between individuals with maximum three time relapse and more than three relapses in substance use disorder. II- There would be difference in the suicidal ideation between individuals with maximum three time relapse and more than three relapses in substance use disorder. III- There would be difference in the coping strategies between individuals with maximum three time relapse and more than three relapses in substance use disorder. The survey sample consisted of 500 Pakistani patients of age over 18-35 years old diagnosed with substance use disorder. The Scales used to measure Personality Traits, Suicidal Ideation and Coping Strategies were; the Big Five Inventory (BFI) an instrument designed to assess the personality of individuals, The Coping Style Scale (CSS) used to assess coping, The Suicidal Ideation Attributes Scale a web-based measure for severity of suicidal ideation and risk for suicidal behavior and the DAST-10 yields a quantitative index of the degree of consequences related to drug abuse. Independent sample T-test statistics were used to compare the result of both the relapse groups. Overall, the t-test results indicate that there were no significant differences between individuals with 3 relapses and those with more than 3 relapses across personality traits, suicide ideation, or coping styles, rejecting all the hypothesis.

Keywords: Personality Traits, Suicidal Ideation, Coping Strategies, Substance Use Disorder