Generativity, Meaning of Life and Successful Aging among Teachers

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DEDICATION

With the blessing of Allah Almighty, I express immense gratitude to Allah for granting me strength, wisdom, and opportunity to undertake this journey of knowledge. This thesis is dedicated to my beloved parents because without their love, support, and encouragement I'm nothing. They always supported me throughout my academic journey. My dear mother, your presence in my life has been a constant source of strength and motivation, your trust and support made this thesis possible. My dearest brother, Labib Razaq, I am always grateful for your presence, support and love in my life. Lastly, I also dedicate this thesis to myself, acknowledging my unwavering determination and commitment that carried me through the entire process.

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Abstract

The aim of our research was to investigate the relationship of generativity, meaning of life and successful aging among teachers. Generativity contribute to successful aging and remains a vital developmental task in later life. Generativity, meaning of life and successful aging are closely interconnected and can mutually enhance each other. Descriptions of meaning of life emphasized the fulfillment of basic needs and was viewed as a precursor to successful aging. The sample of current research was consisting of school and college teachers of the age range of 40 to above 60 years. A convenient sampling technique was used to collect data. Loyola Generativity scale (McAdams and de St. Aubin,1992), Successful aging scale (Gary T. Reker, 2009) and meaning of life scale (Steger et al., 2006) was used to measure the construct of the present study. The research tool used in this analysis was survey method. Pearson correlation, Regression analysis, mediation analysis and t-test analysis was performed. Descriptive statistics was employed to compute the frequencies and percentages for demographic variables. The findings of the current study showed that there was significant positive relationship among generativity, meaning of life and successful aging among teachers. Findings suggests that the generativity and meaning of life positively predicts successful aging among teachers. Findings also suggest that the meaning of life mediates between the relationship of generativity and successful aging. Moreover, there was no gender difference between generativity, meaning of life and successful aging among teachers.

Keywords: *Generativity, meaning of life, successful aging.*