

**THE IMPACT OF AI BELIEFS AND  
ANXIETY ON CHANGE READINESS FOR  
ADOPTING ARTIFICIAL INTELLIGENCE  
AMONG HR MANAGERS: THE  
MODERATING ROLE OF CAREER  
COMPETENCY**

**BY**

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A thesis submitted to the Business Studies Department, Bahria Business School, Bahria University Karachi Campus, in partial fulfillment of the requirements for MBA Degree



**SPRING, 2022**

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18/8/22

**BUSINESS STUDIES DEPARTMENT  
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## MBA Thesis 2nd Half-Semester Progress Report & Thesis Approval Statement

### Supervisor – Student Meeting Record

S#	Date	Place of Meeting	Topic Discussed	Signature of Student
	04/03/2022	F2F	Discussion regarding questionnaire	Aslia
	10/03/2022	F2F	Final Questionnaire approved	Aslia
	14/03/2022	F2F	Thesis Presentation	Aslia
	01/04/2022	F2F	Session on Data Analysis software	Aslia
	12/06/2022	F2F	Data Analysis completed	Aslia
	24/06/2022	F2F	Final Discussion and Scrutiny	Aslia

### APPROVAL FOR EXAMINATION

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Caplan

## Acknowledgement

I would like to express my gratitude towards Sir Salman Hameed for his guidance and support in this research. I am thankful to our thesis coordinator Sir Mubashir Ali Khan and the faculty of Bahira University for their guidance and providing facilities to complete thesis.

I would also like to extend my gratitude towards my family and friends who helped me in collecting data necessary for completing this research. Special thanks to all those people who have directly and indirectly helped in completing this research.

### Abstract

**Purpose:** The study was conducted to explore the factors belief about AI and AI anxiety on the change readiness for AI adoption in the presence of career competency as a moderating variable.

**Methodology & Design:** The data was collected from 353 employees of corporate organizations located of Karachi. The sample size was chosen through non-probability convenience sampling. This research is a quantitative study based on deductive approach. The data is evaluated through testing the relevancy and validity of the hypothesis on SMART PLS software, Structural Equational Model (SEM) was applied to see the significance of variables, and Boot strap testing to examine to the mediation effect of career competency.

**Findings:** The results of this study suggest that belief about AI has no significant relationship with change readiness for AI adoption when career competency act as a moderating variable. From the above discussion we can conclude that an employee's belief has no as such impact on their willingness to AI adoption. AI anxiety was found to have a significant impact on the change readiness for AI adoption where career competency has a strong moderating role on the relationship.

**Limitations:** The current study is quantitative in nature where it can be further explored on the same framework but using qualitative methods to produce more descriptive results. The study was also limited due to time and budget constraints.

**Recommendations:** The practical implication emerged from the current study includes managers and change agents in an organization to provide change supporting opportunities to employees. In order to encourage employees for AI adoption managers must engage in practices that enhance the change readiness.

**Keywords:** *Belief about AI, AI Anxiety, Career Competency, Change Readiness, AI Adoption*

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