

“Inefficient management of partner companies applying job stress in Resource Dimension”



By

Ali Muhammad

(01-120122-005)

MBA

Supervisor

Ma'am SamanJaved

Department of Management Sciences

Bahria University, Islamabad

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Abstract

In today's competitive global environment, employee productivity is an essential element of a company's success. Employee productivity can be significantly hindered by high levels of stress experienced in the work environment. Stress is a universal element and persons from nearly every walk of life have to face stress. Employers today are critically analysing the stress management issues that contribute to lower job performance of employees. The main aim of the study was to evaluate stress and its effect on employees' productivity.

This study is conducted on a company named: Resource Dimension situated in Islamabad. Descriptive survey was adopted as the research design. Simple random sampling was used for a size of 100 employees. Questionnaires and interviews were used as a data collection instrument. From the results obtained, it was evident that there were many stress factors that the respondents endured, and the inquiry proved that stress had an effect on productivity. The majority of the respondents reported that there is a lot of check and balance on employees, and employees have to face work-family conflict. Employees felt that the organization did not care about them was a reflection of huge dissatisfaction that undoubtedly lowered productivity.

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Dedication

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