

COVID-19 AND ONLINE LEARNING EXPERIENCE OF INTERNATIONAL  
STUDENTS IN PAKISTAN: INFLUENCE ON STUDENT'S WELL-BEING AND  
ACADEMIC PERFORMANCE



Abdikafi Abdullahi Mohamud

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Department of Professional Psychology

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### Approval for Examination

Scholar's Name: **Abdikafi Abdullahi Mohamud** Registration No. **66203**

Programme of Study: **MS Clinical Psychology** Thesis Title: **“Covid-19 And Online Learning Experience of International Students In Pakistan: Influence On Student’s Well-Being And Academic Performance”**.

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Date: \_\_\_\_\_

Name: \_\_\_\_\_

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## **DEDICATION**

To my Beloved Family who Remained Patient during Whole year of Study giving moral support.

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## ABSTRACT

The aim of the study was to examine the relationship between E-learning crack up and student's well-being, fear of academic year loss and academic performance. In that regard, E-learning has become the mandatory component of all educational institutions including universities around the world due to the pandemic crisis of COVID-19. Moreover, it aimed to explore the role of study skills in relation to E-learning of students. For that, data was calculated from 207 international students (both male and female) from different countries of Africa and Asia, foreign students currently studying in Pakistan. An online survey questionnaire (Google form) was distributed using social media platforms and data was analyzed using SPSS-25. A qualitative method was adopted. Results of the study indicate that there is a negative relationship between E-learning crack up and students' well-being and a significant positive relationship between E-learning crack up and fear of academic year loss. There is a significant negative relationship between study skills and students' well-being. The findings of the study reflect the impact of E-learning, student's well-being in using E-learning resources, and their academic performance has improved due to the development of study skills and fear of academic year loss. In conclusion, this study shows that E-learning has become quite popular among students all over the world, particularly during the lockdown period due to the COVID-19 pandemic. The study could provide understanding of how E-learning crack up and study skills could influence well-being and academic performance of international students. Teaching and improving study skills could play a significant role in the improvement of students' academic performance.

**Keywords:** E-learning Crack Up, Fear of Academic Year loss, Study Skills, Student's well-being

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### **List of Abbreviations**

**Elcr:** E-learning Crack up

**FAYL:** fear of academic year loss

**SSQ:** Study Skills Questionnaire

**SWPQ:** Student well-being process Questionnaire

**CGPA:** Cumulative Grade Point Average

**WHO:** World Health Organization

**HEC:** Higher Education Commission

**UNECSCO:** United Nations Educational, Scientific and Cultural Organization

**BBS:** Bangladesh Bureau of Statistics

**SOPs:** Standard Operating Procedures

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