

Coping Strategies and Suicidal risk among individuals with Renal

Failure: Moderating role of Religiosity

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**COPING STRATEGIES AND SUICIDE RISK AMONG INDIVIDUALS
WITH RENAL FAILURES: MODERATING ROLE OF RELIGIOSITY**

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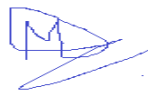
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This thesis is dedicated to my beloved parents, my siblings who always been there for me, motivated me at each and every step, encouraged and supported me in a journey to complete my degree and encounter hardships of life with a courage

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Most Beneficent and the Most Merciful.*

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Abstract

The purpose of the current study was to explore the relationship between coping strategies, suicide risk and religiosity among individuals with renal failures. For this purpose, 250 individuals with renal failures were taken from different hospitals of Rawalpindi, Islamabad and Lahore. Correlational research design was followed and study was conducted into three phases, translation and try out, pilot study, main study. Purposive sampling technique was used to collect data. Three assessment tools were used i.e. Coping strategies were assessed by coping styles scales (CSS) (Zaman & Ali, 2015), suicide risk was assessed by suicide risk scale for medical inpatient (Park et al., 2018) and religiosity was assessed by Muslim religiosity scale (Khan, 2014). Firstly, it was hypothesized that there is a relationship between coping strategies, suicide risk and religiosity. Secondly it was hypothesized that, coping strategies significantly predicts the suicide risk. Thirdly it was hypothesized that religiosity moderates the relationship between coping strategies and suicide risk. The findings of the study revealed that there is significant relationship between coping strategies, suicide risk and religiosity among individuals with renal failures. The result of regression analysis showed that emotional focused coping predicts the suicide risk. Moreover, moderation analysis indicated that intrinsic religiosity moderates the relationship between problem focused coping and suicide risk. Finding indicates the importance of religiosity and problem focused coping to overcome the possible risk of suicide and to promote better mental wellbeing. This study provides guideline to the mental professionals to identify the possible suicide risk and to use religious therapeutic interventions in order to reduce suicide risk and improve coping styles among individuals with renal failures.

Keywords: coping strategies, suicide risk, religiosity, renal failure.