# Impact of Expressed Emotion on Suicidal Attitude among the Individuals with Limb Amputation: Mediating Role of Self-perceived Burden 



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Impact of Expressed Emotion on Suicidal Attitude among the Individuals with Limb Amputation: Mediating Role of Self-perceived Burden

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# THIS THESIS SUBMITTED 

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# IS ACCEPTED BY THE BAHRIA UNIVERSITY ISLAMABAD 

IN PARTIAL FULFILLMENT OF THE REQUIREMENT FOR THE DEGREE OF MASTER OF SCIENCE IN CLINICAL PSYCHOLOGY

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Dated: $\qquad$

# ALL THE PROCEDURES FOLLOWED AND MATERIAL USED WERE REVIEWED AND APPROVED BY THE HIGHER EDUCATION RESEARCH COMMITTEE (HERC), BAHRIA UNIVERSITY, ISLAMABAD 

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## Acknowledgment

It gives me great pleasure and satisfaction to acknowledge the great endowment of the creator of the universe, Allah Almighty, the most gracious, compassionate, and beneficent to His creature, enabled me to complete my thesis successfully. Life is a road of learning. It is an absolute privilege and honor to offer my sincerest thankfulness and indebtedness to my supervisor,

Dr. Mahmood Sadiq, a brilliant and respected researcher. I would not be able to thank him enough for his support. I would like to thank my HOD PP Dr. Noshi Iram Zaman and Miss Shazia Yousaf for being so influential and supportive. I also thank Miss Ambreen Fatima for her consistent support and help throughout the degree.

I would like to thank my father and Miss Sara Khalili for being my backbone in every walk of life. Achieving whatever I have right now would not have been possible without their support and appreciation. My deepest thanks go to both of them for always believing in me.

Taking this opportunity, I would like to thank Dr. Tamkeen Saleem, who is always an inspiration for me. She is not only a good researcher but also a great human being. I would like to thank her for being motivational support and for her guidance in my research work.

Finally, but certainly not the least, I want to awe my deepest gratitude to some special people without them it was impossible to complete this degree. Thank you, my friends, Alina, Aammara, Sehrish, Mobeen, Mahgul, Hajra, Amna, Muniba, khulood, and Amena, for always giving support and encouragement to me no matter what I am doing. I would also like to thank Sumbal, Nosheen Nasir and Ayesha Omer for guiding me in my thesis. Lots of love to my siblings, may they always smile, and have success in every journey of life. Special thanks to my whole class MSCP-18 for being amazing classmates and care you people provided.

## Dedicated

To

This thesis is dedicated to Allah Almighty and my parents who always been a source of motivation, encouragement, and support in the journey to complete my degree and face hardship of life with courage

## Table of Contents

LIST OF TABLES ..... iv
LIST OF FIGURES ..... viii
LIST OF ANNEXURE ..... ix
ABBREVIATIONS ..... x
Abstract ..... xi
Chapter- I ..... 1
INTRODUCTION ..... 1
Epidemiology of Amputation in Pakistan ..... 2
The Psychological Effect of Amputation ..... 3
Expressed Emotions ..... 5
Theory of Attribution and Expressed Emotion ..... 6
Suicidal Attitude ..... 8
Interpersonal Theory of Suicide ..... 9
Self-Perceived Burden. ..... 12
Equity Theory ..... 13
Rationale ..... 17
Chapter-II ..... 19
METHOD ..... 19
Objectives ..... 19
Hypotheses ..... 19
Conceptual Model ..... 20
Sample ..... 20
Inclusion criteria ..... 20
Exclusion criteria ..... 20
Research Design ..... 21
Operational definitions ..... 21
Expressed Emotions. ..... 21
Self-perceived Burden ..... 21
Suicidal Attitude ..... 21
Instruments ..... 21
Demographic Sheet ..... 21
Concise Chinese Level of Expressed Emotion Scale ..... 22
Self-perceived Burden Scale (SPBS) ..... 23
Yatt Suicidal Attitude Scale (YSAS) ..... 23
Procedure ..... 23
Ethical consideration ..... 24
Translation of Instrument ..... 24
Instruments ..... 24
Chapter-III ..... 28
Pilot Study ..... 28
Objectives ..... 28
Hypotheses ..... 28
Sample ..... 28
Instrument. ..... 29
Procedure ..... 29
Results ..... 30
Discussion ..... 39
Chapter-IV ..... 41
Main Study ..... 41
Objectives ..... 41
Hypotheses ..... 41
Sample ..... 42
Inclusion criteria ..... 42
Exclusion criteria ..... 42
Research Design ..... 42
Instruments ..... 43
Procedure ..... 43
Chapter-V. ..... 44
Results ..... 44
Chapter-VI ..... 73
Discussion ..... 73
Conclusion ..... 76
Implications of the Study ..... 77
Limitations ..................................................................................................................... 77

Recommendations ......................................................................................................... 78
References ..................................................................................................................... 79
Annexure ...................................................................................................................... 88

## LIST OF TABLES

$\begin{array}{lll}\text { Table } 1 & \begin{array}{l}\text { Frequencies and Percentages of the Demographic characteristics } \\ \text { of a person with amputation }(\mathrm{N}=100)\end{array} & 30\end{array}$

Table 2 Psychometric Properties of study variables ( $\mathrm{N}=100$ )

Table 3 Item total correlation of concise Chinese level of expressed emotion- CCLEE ( $\mathrm{N}=100$ )

Table 4 Item total correlation of concise self-perceived burden- SPB $(\mathrm{N}=100)$

Table 5 Item total correlation of Yatt suicidal attitude scale- YSAS ( $\mathrm{N}=100$ )

Table 6 Pearson Bivariate Inter-Scale Correlation of Variables of 38 Concise Chinese Level of Expressed Emotion, Self-perceived Burden, and Yatt Suicidal Attitude Scale among the individuals with amputation $(\mathrm{N}=100)$
$\begin{array}{lll}\text { Table } 7 & \begin{array}{l}\text { Frequencies and Percentages of the Demographic characteristics } \\ \text { of individuals with amputation }(\mathrm{N}=270)\end{array} & 44\end{array}$

Table 8 Psychometric Properties of study variables ( $\mathrm{N}=270$ )
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Table 9 Item total correlation of concise Chinese level of expressed emotion- CCLEE ( $\mathrm{N}=270$ )
$\begin{array}{lll}\text { Table } 10 & \begin{array}{l}\text { Item total correlation of concise self-perceived burden- SPB } \\ (\mathrm{N}=270)\end{array} & 50\end{array}$

Table 11 Item total correlation of Yatt suicidal attitude scale- YSAS ( $\mathrm{N}=270$ )

Table 12 Pearson Bivariate Inter-Scale Correlation of Variables of Concise Chinese Level of Expressed Emotion, Self-perceived Burden, and Yatt Suicidal Attitude Scale among the individuals with amputation (270)

Table 13 Multiple linear regression analysis to predict suicidal attitude by expressed emotion and self-perceived burden $(\mathrm{N}=270)$

Table 14 Mediation analysis of self-perceived burden in the relationship 55 between expressed emotion and suicidal attitude among individual with limb amputation ( $\mathrm{N}=270$ )

Table 15 t-test analysis between male and female cases on study variables among individuals with limb amputation ( $\mathrm{n}=270$ ).

Table 16 t-test analysis between males and females' cases on study 57 variables among individuals with limb amputation ( $\mathrm{n}=270$ ).

$$
\begin{aligned}
& \text { Table } 17 \text { Analysis of variance among Age categories on variables of } \\
& \text { criticism, Hostility, over-emotional involvement, expressed } \\
& \text { emotion, self-perceived burden, suicidal ideation, suicidal } \\
& \text { attempt, and suicidal attitude }(\mathrm{n}=270) .
\end{aligned}
$$

$\begin{array}{lll}\text { Table } 18 & \begin{array}{l}\text { Post-hoc analysis between study variables and age categories } \\ \text { among individuals with limb amputation }(\mathrm{n}=270)\end{array} & 59\end{array}$

Table $19 \begin{aligned} & \text { Analysis of Variance Among study variables and educational } \\ & \text { groups }(\mathrm{N}=270)\end{aligned}$

Table 20 Post Hoc analysis between study variables and educational groups ( $\mathrm{N}=270$ )
$\begin{array}{lll}\text { Table } 21 & \begin{array}{l}\text { Analysis of Variance among study variables and marital status } \\ (\mathrm{N}=270)\end{array} & 67\end{array}$

Table 22 Post Hoc analysis between study variables and marital status 68 ( $\mathrm{N}=270$ )

## Table 23 Analysis of Variance among study variables and levels of amputation ( $\mathrm{N}=270$ )

Table 24 Post Hoc analysis between study variables and levels of amputation ( $\mathrm{N}=270$ )

Table 25 Crosstabulation between gender and cause of amputation

## LIST OF FIGURES

Figure $1 \quad$ Bar Chart

## LIST OF ANNEXURE

| Annexure- A | Plagiarism Report |
| :--- | :--- |
| Annexure-B | Permission from concerned authors |
| Annexure- C | Inform Consent |
| Annexure-D | Demographic sheet |
| Annexure-E | Concise Chinese Level of Expressed Emotion (CCLEE) |
| Annexure-F | Self-perceived Burden Scale (SPBS) |
| Annexure-G | Yatt Suicidal Attitude Scale (YSAS) |

## ABBREVIATIONS

| CCLEE | Concise Chinese Level of Expressed Emotion |
| :--- | :--- |
| SPB | Self-perceived Burden |
| YSAS | Yatt Suicidal Attitude Scale |


#### Abstract

The present study explored the association between high expressed emotion, selfperceived burden, and suicidal attitude among individuals with lower limb amputation and mediating role of self-perceived burden. For this purpose, sample of 270 males and females with limb amputation were taken from different hospitals and rehab centers of Punjab through a purposive sampling technique. Three assessment tools were used to assess expressed emotion (concise Chinese level of expressed emotion), self-perceived burden (self-perceived burden scale), and suicidal attitude (Yatt Suicidal Attitude Scale). The results indicated that a significant relationship was present among variables of expressed emotion, self-perceived burden, and suicidal attitude. Regression analysis showed that expressed emotion was significant predictor of suicidal attitude. Results also revealed that self-perceived burden mediates the association between expressed emotion and suicidal attitude. Demographic variables also played a significant role in predicting suicidal attitudes among individuals with amputation. Results also show that older adults with amputation have a high self-perceived burden and suicidal attitude. The findings of the present study highlight the high incidence of suicidal attitude in individuals with lower limb amputation and it also showed that sociodemographic factors play a vital role in psychological adjustment to lower limb amputation. It is suggested that psychological evaluation and suitable rehabilitation must be a part of their overall management plan. Hence, the present study will help the clinicians working with individuals having lower limb amputation to provide a better therapeutic plan to reduce the risk of suicidal attitude.


Keywords: Expressed emotion, Self-perceived burden, Suicidal attitude, Amputation

