MORPHOLOGICAL VARIATIONS IN EAR OSSICLES WITH AGE IN CORRELATION WITH HEARING THRESHOLDS



DR MARIYA AZAM KHATTAK

06-113192-002

A thesis submitted in fulfilment of the requirements for the award of the degree of Master of Philosophy (Anatomy)

Department of Anatomy

BAHRIA UNIVERSITY MEDICAL & DENTAL COLLEGE

SEPTEMBER 2021

APPROVAL SHEET

SUBMISSION OF HIGHER RESEARCH OF DEGREE THESIS

Candidate's Name: Dr. Mariya Azam Khattak
Discipline: Anatomy
Faculty/Department: Department of Anatomy
I hereby certify that the above candidate's work including the thesis has been completed to
my satisfaction and that the thesis is in a format of editorial standard recognized by
faculty/department as appropriate for examination.
Signature:
Principal Supervisor: Prof. Dr. Ambreen Usmani
Date:
The undersigned signifies as:
1. The candidate presented at a pre-completion seminar, an overview and synthesis
of major findings of thesis and that research is of a standard and extent
appropriate for submission as a thesis.
2. I have checked the candidate's thesis and its scope, format and editorial standards
are recognized by the faculty/department as appropriate.
Signature:
Head of Department: Prof. Dr. Ambreen Usmani
Date:

iii

APPROVAL FOR EXAMINATION

Student's Name: Dr. Mariya Azam Khattak

Registration No. 66217

Program of Study: MPhil (Anatomy)

Thesis Title: "Morphological variations in ear ossicles with age in correlation with hearing

thresholds."

It is to certify that the above student's thesis has been completed to my satisfaction and to

my belief. Its standard is appropriate for submission and evaluation. I have also conducted

plagiarism test of this thesis using HEC prescribed software and found similarity index at 6

% that is within the permissible limit set by the HEC for the MPhil degree thesis. I have

also found the thesis in a format recognized by the BU for the MPhil thesis.

Principal Supervisor's Seal & Signature:

Date:

Name: Prof. Dr. Ambreen Usmani

iν

AUTHOR'S DECLARATION

I, <u>Dr. Mariya Azam Khattak</u> hereby state that my MPhil thesis titled "<u>Morphological</u>

variations in ear ossicles with age in correlation with hearing thresholds."

is my own work and has not been submitted previously by me for taking any degree from

this university Bahria University Medical and Dental College, Karachi or anywhere else in

the country/world. At any time if my statement is found to be incorrect even after my

graduation, the University has the right to withdraw/cancel my MPhil degree.

Name of student: Dr. Mariya Azam Khattak

Date:

THESIS COMPLETION CERTIFICATE

Student's Name: Dr. Mariya Azam Khattak

Registration No. 66217

Program of Study: MPhil (Anatomy)

Thesis Title: "Morphological variations in ear ossicles with age in correlation with hearing

thresholds."

It is to certify that the above student's thesis has been completed to my satisfaction and to my belief. Its standard is appropriate for submission and evaluation. I have also conducted

plagiarism test of this thesis using HEC prescribed software and found similarity index at 6

% that is within the permissible limit set by the HEC for the MPhil degree thesis. I have

also found the thesis in a format recognized by the BU for the MPhil thesis.

Princi	nal Su	pervisor	's Seal	& Signature:		

Date:

Name: Prof. Dr. Ambreen Usmani

vi

THESIS COMPLETION CERTIFICATE

Student's Name: Dr. Mariya Azam Khattak

Registration No. 66217

Program of Study: MPhil (Anatomy)

Thesis Title: "Morphological variations in ear ossicles with age in correlation with hearing

thresholds."

It is to certify that the above student's thesis has been completed to my satisfaction and to

my belief. Its standard is appropriate for submission and evaluation. I have also conducted

plagiarism test of this thesis using HEC prescribed software and found similarity index at 6

% that is within the permissible limit set by the HEC for the MPhil degree thesis. I have

also found the thesis in a format recognized by the BU for the MPhil thesis.

Principal Co-Supervisor's Seal & Signature:

Date:

Name: Surg. Capt. Dr. Sohail Aslam

vii

PLAGIARISM UNDERTAKING

I, solemnly declare that research work presented in the thesis titled "Morphological

variations in ear ossicles with age in correlation with hearing thresholds."

is solely my research work with no significant contribution from any other person. Small

contribution / help wherever taken has been duly acknowledged and that complete thesis

has been written by me.

I understand the zero tolerance policy of the HEC and Bahria University towards

plagiarism. Therefore I as an Author of the above titled thesis declare that no portion of my

thesis has been plagiarized and any material used as reference is properly referred / cited.

I undertake that if I am found guilty of any formal plagiarism in the above titled thesis even

after award of MPhil degree, the university reserves the right to withdraw / revoke my

MPhil degree and that HEC and the University has the right to publish my name on the

HEC / University website on which names of scholars are placed who submitted

plagiarized thesis.

Scholar / Author's Sign: _____

Name of the Scholar: Dr. Mariya Azam Khattak

Dedicated to my family,

especially my mother for her endless prayers.

ACKNOWLEDGEMENT

I would like to express my genuine and everlasting gratefulness to Almighty Allah, as with His help this project is successfully completed.

I would like to express my sincere appreciation to my supervisor, Prof. Dr. Ambreen Usmani for her valuable time, support, advices, ideas and continuous motivation by supervising my work and appreciating my work which helped me in completing this MPHIL research, since it was impossible for me without her guidance. Hence, I pay my heartiest thanks to her.

I would like to thank my co-supervisor, Surg. Capt. Dr. Sohail Aslam who made my research possible by removing all the barriers and difficulties I was facing during my data collection period. It was an honor working with such a great doctor who has all the expertise in his field. I am really thankful for his endless support.

I am also indebted to my teachers, Prof. Dr. Aisha Qamar and Assoc. Prof. Dr. Yasmeen Mehar for bearing with an average student like me and turning me into a knowledgeable one. It would not have been possible without them.

I would also like to thank my colleges and batch mates for their constant moral support especially Dr. Rida Rubab whose continuous help has finally made me reach the finish line. I am also grateful to all the technicians and staff members of Bahria University of Medical and Dental College (BUMDC) and PNS Shifa Hospital Karachi for their assistance and cooperation.

Finally, I wish to thank my family and friends, Dr. Izrum Shafi Rajput and Dr. Syed Wajahat Hasib who have always encouraged me and supported me to go on whatever the difficult situation is. They have shown their understanding towards my difficulties and given me advices to enhance my commitment in this research.

Thank you.

ABSTRACT

Enhancements in computed tomography (CT) scans have concomitantly amplified interest in ear ossicle variations. Anatomical variations are normally present as morphological structures in humans. The ossicles present in the middle part of the ear are for the conduction and enhancement of sound waves received in the external and pass to the internal ear. Despite the fact that the length of ear ossicles spans to its authoritative size in fetal life and hardly any alteration occurs after birth yet numerous investigations have indicated that there are morphological changes for the most parts of the bones with age bringing about the varieties in each individual and difference in hearing thresholds in each person. These variations need to be added to anatomical information for the future procedures relating to ear ossicles as it must be planned carefully to avoid complications in prosthesis. Apart from cadaveric studies there was no evident data which could help in appreciating these variations for making immediate decisions when planning any surgical procedure relating to this structure. The objectives of this study were to determine the morphological variations in ear ossicles and to evaluate its association with age, gender, ethnicity and hearing thresholds. A descriptive cross-sectional study including 50 participants was conducted at PNS Shifa Hospital, Karachi between January-June 2021. This study involved males and females arranged in 5 groups on the basis of age. In A group (10-20), B group (21-30), C group (31-40), D group (41-50) and E group (51 onwards) year old participants were included. A detailed history was taken after informed consent from each participant and a thorough examination of ear was conducted. Following this subjects meeting the inclusive criteria were prepared for high resolution CT scan of petrous temporal bone. The scans were reviewed to study the ear ossicles (malleus and incus) for possible morphological variations and after that hearing thresholds were recorded using Pure Tone Audiometer. The results of study showed that mean width of malleus head in group A was 2.91 mm, in B was 2.97 mm, in C was 3.09 mm, in D was 3.0 mm and in E was found to be 3.12 mm. The mean length of manubrium in group A was 4.32 mm, in B was 4.47mm, in C was 4.43 mm, in D was 4.29 mm and in E was found to be 4.44 mm. The total mean total length of malleus was 7.47 mm in group A, 7.58 mm in group B, 7.67 mm in group C, 7.60 mm in group D and 7.61 mm in group E. The mean width of incus in group A was 4.54 mm, in group B was 4.19 mm, un group C was 4.49 mm, in group D and E was 4.50 mm. The total mean of incus length was 6.44 mm in group A, 6.37 mm in group B, 6.60 mm in group C, 6.71 mm in group D and 6.78 mm in group E. The mean value of width of the malleus head was 3.036 mm, length of manubrium was 4.472 mm and total length of malleus was 7.760 mm while mean value of Incus width was 4.440 mm and total length of incus was 6.604 mm observed in males. The mean value of width of the malleus head was 3.0 mm, length of manubrium was 4.308 mm and total length of malleus was 7.412 mm while mean value of Incus width was 4.448 mm and total length of incus was 6.556 mm observed in females. The comparison of gender showed that the morphological measurements in males were different and greater than in females when compared in 5 parameters. The morphological variations were correlated with age which showed variation in shape but not in size. The correlation of variations with gender were significant while amongst participants in which 10 were Sindhi, 10 Punjabi, 10 Balochi, 10 Pashtun and 10 Hindko. Chi-square tests were performed for comparing percentages of independent samples of ethnicity and the differences between them were evaluated but the p value did not show any significance. The variations in ear ossicles compared with hearing thresholds were insignificant while when compared with age groups they were significant. The total length of incus were found to be most varied structure among all parameters and was considered to be statistically significant with a p value of (0.0001).

KEY WORDS:

Anatomical variations, Ear, Ear ossicles (malleus, incus, and stapes), CT scan, Hearing thresholds, Pure Tone Audiometer, Measurement.

TABLE OF CONTENTS

CHAPTER	TITLE	PAGE
	TITLE PAGE	i
	APPROVAL SHEET	ii
	APPROVAL FOR EXAMINATION	iii
	AUTHORS DECLARATION	iv
	CERTIFICATE BY SUPERVISOR	V
	CERTIFICATE BY CO-SUPERVISOR	vi
	PLAGIRAISM UNDERTAKING	vii
	DEDICATION	viii
	ACKNOWLEDGEMENT	ix
	ABSTRACT	X
	TABLE OF CONTENTS	xii
	LISTS OF TABLES	XV
	LIST OF FIGURES	xvi
	LIST OF ABBREVATIONS	xix
	LIST OF APPENDICES	XX
1	INTRODUCTION	1
	1.1 General context of the study	1
	1.1.1 Background	3
	1.1.2 Parts of ear	7
	1.1.2.1 Outer part	7
	1.1.2.2 Center ear	7
	1.1.2.3 Internal ear	7
	1.1.3 Gross anatomy	9
	1.1.3.1 Outer ear	9
	1.1.3.2 Center ear	9

	1.1.3.3 Inner ear	14
	1.1.4 Development of ear	17
	1.1.4.1 Inner ear	17
	1.1.4.2 External ear	21
	1.1.4.3 Middle ear	23
	1.1.5 Histology of ear	24
	1.1.5.1 Microscopy Light:	25
	1.2 Hypothesis	27
	1.3 Objectives of Study	28
	1.4 Problem Statement	29
	1.5 Significance	30
	1.6 Operational Definitions	31
	1.6.1 Ear ossicles	31
	1.6.2 Computer tomography	31
	1.6.3 Pure Tone Audiometry	31
	1.6.4 Otoscope	31
	1.6.5 Tympanometry	32
	1.6.6 Audiogram	32
	1.6.7 Decibel	32
2	LITERATURE REVIEW	33
3	METHODOLOGY	47
	3.1 Study design	47
	3.2 Subjects	47
	3.3 Setting	47
	3.4 Inclusion criteria	48
	3.5 Exclusion criteria	48
	3.6 Duration of study	48
	3.7 Sample size estimation	49
	3.8 Sampling technique	49

	6.2 Recommendations	93
	6.1 Conclusion of the study	
6	CONCLUSION 6.1 Conclusion of the study	92 92
5	DISCUSSION	87
4	RESULTS	71
	3.14 Statistical analysis	70
	3.13 Algorithm of study	69
	3.12.7 Protocol for audiometry test	67
	3.12.6 Protocol followed for taking measurements	65
	3.12.5 CT scan image evaluation	61
	3.12.4 Positioning of the patient	61
	3.12.3 Protocol for HRCT PTB	60
	3.12.2 Assessment of hearing	58
	3.12.1.1 External auditory canal	58
	3.12.1 Examination protocol	57
	3.12 Protocol of study	57
	Questionnaire and any other) 3.11 Parameters of the study	57
	3.10 Materials used (Drugs/ Chemical/ Proforma/	50
	3.9 Human subjects and consent	49

LIST OF TABLES

TABLE NO:	TITLE	PAGE
4.1	Morphological readings observed in male were greater in value than in female	74
4.2	Shape of manubrium (straight or curved) compared in male and female	74
4.3	Hearing thresholds compared with gender	75
4.4	Ethnicity versus Total length of Incus	78
4.5	Ethnicity versus shape of manubrium (straight or curved)	79
4.6	Comparison of ethnicity with different hearing threshold level	79
4.7	Comparison of Age with Shape of manubrium	80
4.8	Total length of Incus has been observed significant between age groups	80
4.9	Mean value of the parameters in relation to the side of the ear (right/left)	81
4.10	Means of malleus head width, length of manubrium and total length of malleus are appreciated in this table between age groups	82
4.11	Means of Incus width and total length of incus are appreciated in this table between age groups	83
5.1	Mean values of malleus	89
5.2	Mean values of incus	89

LIST OF FIGURES

FIGURE NO	TILTLE	PAGE
1.1	Sound transmission	2
1.2	Middle ear ossicles. M-malleus, I- Incus, S- Stapes	6
1.3	Parts of the ear (External, middle and inner ear)	8
1.4	Neurovascular supply of the ear	13
1.5	Tympanic membrane in contact with ear ossicles	13
1.6	Organ of hearing Cochlea (Round and oval window)	16
1.7	Walls of tympanic cavity	16
1.8	Drawings illustrates the early development of the internal	19
	ear	
1.9	Drawings of the otic vesicles showing the development of	20
	the membranous and bony labyrinths of the internal ear	
1.10	Schematic drawings illustrating development of the external	22
	and middle parts of the ear	
1.11	Elastic cartilage present in the ear	26
2.1	Landmarks of malleus	34
2.2	Landmarks of incus	35
2.3	Landmarks of stapes	36
2.4	A schematic diagrammatic representation of imaging probe	41
	arrangement, sound presentation and measurement devices	
	during middle ear vibrometry	
2.5	HFUS images of middle ear in a cadaveric tissue sample	42
	from an 89 year old female	
2.6	HFUS images of middle ear of cadaveric sample from a 48	43
	year old male	
2.7	Landmarks for measurements	45

2.8	Representative HRCT images of the ossicular chains in ears	46
3.1	CT scan machine	51
3.2	CT scan reporting room	52
3.3	Otoscope to examine external auditory meatus and ear drum	52
3.4	ENT unit (suction, spray)	53
3.5	Ear examination instruments	53
3.6	Tuning fork for clinical tests of hearing loss; vibration test	54
3.7	Ear speculum for ear examination	54
	•	54 54
3.8	Jobson Horne probe used to remove any foreign body from	34
2.0	the ear	<i></i>
3.9	Head light is used to focus light into cavity under inspection	55
3.10	Suction that helps to remove ear wax and allows visibility of	55
	ear drum	
3.11	Tilly's Forceps is used to remove foreign particles from the	55
	ear	
3.12	Pure Tone Audiometer for recording hearing thresholds (dB)	56
3.13	Vitrea software (5.1.2265.3045) having ruler to measure ear	62
	ossicles in millimeter (mm)	
3.14	Vitrea software appreciating Musculoskeletal CT allowing	62
	both 2 &3-D analysis	
3.15	Sagittal, Coronal and Axial views	63
3.16	Axial view showing Malleus head and body on incus	63
3.17	Coronal view showing Malleus head, neck and lateral	64
	process	
3.18	Sagittal view showing Malleus and Incus	64
3.19	Landmarks considered for taking measurements	66
3.20	An audiogram card for noting hearing levels (dB)	68
4.1	Comparison of ethnicity with width of malleus head (n= 50)	76
4.2	Ethnicity versus Length of manubrium (Malleus)	76
4.3	Ethnicity versus Total length of Malleus	77
4.4	Ethnicity versus Width of Incus	77

4.5	Frequency chart showing mean width of malleus head	84
4.6	Frequency chart showing mean length of manubrium	84
4.7	Frequency chart showing mean total length of malleus	85
4.8	Frequency chart showing mean total width of incus	85
4.9	Frequency chart showing mean total length of incus	86

LIST OF ABBREVIATIONS

S NO	ABBREVIATION	FULL FORM
1	3-D	Three- dimensional
2	CAA	Congenital aural atresia
3	CAS	Congenital aural stenosis
4	CT	Computed tomography
5	Db	Decibel
6	EO	Ear ossicles
7	FP	Foot plate
8	HFUS	High frequency ultrasound
9	HRCT	High resolution computed tomography
10	ISJ	Incudostapedial joint
11	IUL	Intra uterine life
12	МН	Malleus handle
13	MM	Millimeter
14	PTA	Pure Tone Audiometer
15	PTB	Petrous temporal bone
16	RW	Round window
17	TM	Tympanic Membrane
18	TT	Tensor tympani muscle
19	WHO	World health organization